NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING 10:00AM – SEPTEMBER 11, 2023 GAYLORD CONFERENCE ROOM & MICROSOFT TEAMS

Alcona	Carolyn Brummund	Kalkaska 🛛 🖓 David Comai
Alpena	Burt Francisco	Leelanau 🛛 Greg McMorrow
Antrim	Pam Singer	Manistee 🛛 🖾 Richard Schmidt
Benzie	Im Markey	Missaukee 🛛 Vacant
Charlevoix	🛛 Annemarie Conway	Montmorency 🛛 Don Edwards
Cheboygan	🛛 John Wallace	Ogemaw 🛛 Ron Quackenbush
Crawford	Sherry Powers	Oscoda 🛛 Chuck Varner
Emmet	Terry Newton	Otsego 🛛 🖂 Doug Johnson
Grand		Presque Isle Terry Larson
Traverse	Dave Freedman	Roscommon 🛛 Darlene Sensor
Iosco	⊠ Jay O'Farrell	Wexford 🛛 🖂 Gary Taylor
Staff	Bea Arsenov	Clinical Services Director
	Jodie Balhorn	Prevention Coordinator
	Carol Balousek	Executive Administrator
	🗵 Eric Kurtz	Chief Executive Officer
	🖂 Brian Martinus	Veteran Navigator/Northern Lakes Interim CEO
	Brandon Rhue	Chief Information Officer/Operations Director
	Denise Switzer	Grant and Treatment Manager
	Deanna Yockey	Chief Financial Officer
Public	Laci Basham, Chris Frasz, Lou Gamalski, Molly Harvey, Max Huber, Caitlin Koucky, Hayden Laudenslager, Kathy McGeathy, Shelby Pasch, LeighAnn Theunick, Sue Winter	

CALL TO ORDER

Let the record show that Mr. Schmidt called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that Carolyn Brummund, David Comai, and Terry Larson were absent for the meeting on this date; all other SUD Oversight Committee members were in attendance either in Gaylord or virtually.

MOMENT OF SILENCE

Mr. Schmidt called for a moment of silence in remembrance of those who lost their lives on September 11, 2001.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

APPROVAL OF PAST MINUTES

The July minutes were included in the materials for the meeting on this date.

MOTION BY DON EDWARDS TO APPROVE THE MINUTES OF THE JULY 10, 2023 NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING; SUPPORT BY JAY O'FARRELL. MOTION CARRIED.

APPROVAL OF AGENDA

Let the record show that no additions or revisions to the meeting Agenda were proposed.

MOTION BY JAY O'FARRELL TO APPROVE THE AGENDA FOR THE SEPTEMBER 11, 2023 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE; SUPPORT BY RON QUACKENBUSH. MOTION CARRIED.

ANNOUNCEMENTS

Let the record show that new NMRE SUD Oversight Committee Member, Annemarie Conway, representing Charlevoix County, was introduced to the group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that Mr. Schmidt called for any conflicts of interest to any of the meeting agenda items; none were declared.

INFORMATIONAL REPORTS

Admissions

The admissions report through July 31, 2023 was included in the materials for the meeting on this date. Admissions in the first ten months of FY23 were up 7.61% from the same period in FY22. The data showed that outpatient was the highest level of treatment admissions at 47%, and alcohol was the most prevalent primary substance at 55%, methamphetamine was second at 17%, and heroin was the third most prevalent primary substance at 12%. It was noted that stimulant use is rising sharply throughout the 21-county region.

June Financial Report

SUD services through June 30, 2023 showed all funding source revenue of \$23,407,402 and \$19,612,791 in expenses, resulting in a net surplus of \$3,794,811. Total PA2 funds were reported as \$4,836,119.

FY24 LIQUOR TAX REQUESTS

Single County

1) Bear River Health – Recovery Home (New)

Emmet \$ 47,418.00

The recommendation by NMRE was to approve.

<u>Discussion</u>: The committee asked what would happen to the assets purchased with liquor tax funds if the provider was to go out of business. Mr. Kurtz responded that an asset pullback isn't likely unless the recovery home never opened. Chris Frasz, Program Director with Bear River Health, clarified that the funds would mainly be used for furnishings (not a capital investment into the home itself.). Mr. Francisco asked how long Bear River Health has been in operation. Mr. Frasz responded that Bear River Health has been operating for 7 years; recovery homes have been operating in Pigeon River for 3 years at 90% - 100% occupancy, and Jordan River for 1 year at 80% - 100% occupancy. There is no minimum length of stay for the 12-bed facility; after 12-16 months, staff assist residents with transitioning out of recovery homes and into permanent housing.

MOTION BY TERRY NEWTON TO APPROVE THE REQUEST FROM BEAR RIVER HEALTH FOR EMMET COUNTY LIQUOR TAX DOLLARS IN THE AMOUNT OF FORTY-SEVEN THOUSAND FOUR HUNDRED EIGHTEEEN DOLLARS (\$47,418.00) TO FUND A RECOVERY HOME; SUPPORT BY DOUG JOHNSON. MOTION CARRIED.

 Community Recovery Alliance, Inc. – Community Recovery Alliance and Recovery Center (New)

Emmet \$ 205,000.00

The recommendation by NMRE was to approve.

<u>Discussion</u>: Committee members expressed some concerns regarding the program's sustainability. Caitlin Koucky, Executive Director of Community Recovery Alliance, Inc., responded that 76% of the request is for a percentage of (four) staff salaries and fringe benefits for one year. Mr. Newton asked what other revenue sources are being pursued. Ms. Koucky responded that the focus in FY24 will be on fund raising. She will be working with partners in the state and seeking local community fund grants and other grant opportunities. Funding applications look positive, though no funding has been confirmed to date. Community Recovery Alliance, Inc. was able to utilize State Opioid Response (SOR) funds from the NMRE in FY23 in addition to State of Michigan funding from a recovery support services grant; the NMRE determined that PA2 funding would be more appropriate than SOR funding for this project for FY24.

Clarification was made that an existing facility has been recently expanded to accommodate the Recovery Center, though it is not currently ADA compliant. Mr. Schmidt requested that, if the request is approved, a program update be presented to the NMRE SUD Oversight Committee in six months.

MOTION BY TERRY NEWTON TO APPROVE THE REQUEST FROM COMMUNITY RECOVERY ALLIANCE, INC. FOR EMMET COUNTY LIQUOR TAX DOLLARS IN THE AMOUNT OF TWO HUNDRED FIVE THOUSAND DOLLARS (\$205,000.00) TO SUPPORT THE COMMUNITY RECOVERY ALLIANCE AND RECOVERY CENTER WITH THE CONDITION THAT A PROGRAM UPDATE BE PROVIDED IN MARCH 2024; SUPPORT BY JAY O'FARRELL. MOTION CARRIED.

The total of the liquor tax requests approved during the meeting on this date was provided as **\$252,418.00**.

Emmet County Overview

Factoring in the two liquor tax use requests approved previously on this date, the fund balance for Emmet County was provided as \$213,448.60.

FY24 MEETING SCHEDULE

The proposed Northern Michigan Regional Entity Substance Use Disorder Oversight Committee meeting schedule for FY24 was included in the materials for the meeting on this date. Clarification was made that the meetings for July and September 2024 were scheduled on the second Monday to not conflict with holidays.

MOTION BY RON QUACKENBUSH TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER COMMITTEE MEETING SCHEDULE FOR FISCAL YEAR 2024 AS PRESENTED AND REVIEWED ON THIS DATE; SUPPORT BY GARY TAYLOR. MOTION CARRIED.

PRESENTATION

Cheboygan Coalition – "Pulling Together"

LeighAnn Theunick and Molly Harvey from Catholic Human Services, were in attendance to give a presentation on the Cheboygan County Prevention Coalition, "Pulling Together." "Pulling Together" is a substance misuse prevention coalition formed in 2018 that coordinates initiatives and family resources to empower youth to choose a substance free lifestyle.

Youth Component

Hayden Laudenslager, Laci Basham, and Max Huber were in attendance to share their experiences with "Prevent 2 Protect," a youth-led coalition formed from the "Pulling Together" initiative. Youth receive training, develop and implement their own action plans, and build leadership skills by engaging with the community to prevent and reduce youth substance use.

Hayden expressed that he has gained a greater sense of empathy and mindfulness for those dealing with substance misuse through his participation in the coalition.

Laci shared that she is proud to be a member of "Prevent 2 Protect." She has attended youth conferences and bonded with others with a similar passion; she has then been able to bring what she learned back to her local area. Laci thanked the NMRE Substance Use Oversight Committee for continuing to supply funding for coalition activities.

Max highlighted the importance of prevention education. He added that the peer-run aspect of the coalition makes it understandable to its youth members. He has been able to receive CADCA training and attend conferences.

Mr. Freedman applauded the work of the local coalitions.

PUBLIC COMMENT

Kathy McGeathy, Client and Community Liaison with the Substance Use Recovery Focus (SURF) Club program with Bear River Health, distributed SURF Club brochures to committee members. The program provides transitional and ongoing support to people pursuing recovery. A liquor tax request for continued funding will be presented to the SUD Oversight Committee in November.

NEXT MEETING

The next meeting was scheduled for November 6, 2023 at 10:00AM.

<u>ADJOURN</u>

Let the record show that Mr. Schmidt adjourned the meeting at 11:01AM.