

**NORTHERN MICHIGAN REGIONAL ENTITY
SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING
10:00AM – MARCH 4, 2024
GAYLORD CONFERENCE ROOM & MICROSOFT TEAMS**

Alcona	<input checked="" type="checkbox"/> Carolyn Brummund	Kalkaska	<input type="checkbox"/> David Comai
Alpena	<input checked="" type="checkbox"/> Burt Francisco	Leelanau	<input type="checkbox"/> Vacant
Antrim	<input checked="" type="checkbox"/> Pam Singer	Manistee	<input checked="" type="checkbox"/> Richard Schmidt
Benzie	<input checked="" type="checkbox"/> Tim Markey	Missaukee	<input type="checkbox"/> Vacant
Charlevoix	<input checked="" type="checkbox"/> Anne Marie Conway	Montmorency	<input checked="" type="checkbox"/> Don Edwards
Cheboygan	<input checked="" type="checkbox"/> John Wallace	Ogemaw	<input checked="" type="checkbox"/> Ron Quackenbush
Crawford	<input type="checkbox"/> Sherry Powers	Oscoda	<input checked="" type="checkbox"/> Chuck Varner
Emmet	<input checked="" type="checkbox"/> Terry Newton	Otsego	<input checked="" type="checkbox"/> Doug Johnson
Grand		Presque Isle	<input checked="" type="checkbox"/> Dana Labar
Traverse	<input checked="" type="checkbox"/> Dave Freedman	Roscommon	<input checked="" type="checkbox"/> Darlene Sensor
Iosco	<input checked="" type="checkbox"/> Jay O'Farrell	Wexford	<input checked="" type="checkbox"/> Gary Taylor
Staff	<input checked="" type="checkbox"/> Bea Arsenov	Clinical Services Director	
	<input checked="" type="checkbox"/> Jodie Balhorn	Prevention Coordinator	
	<input checked="" type="checkbox"/> Carol Balousek	Executive Administrator	
	<input checked="" type="checkbox"/> Lisa Hartley	Claims Assistant	
	<input checked="" type="checkbox"/> Eric Kurtz	Chief Executive Officer	
	<input checked="" type="checkbox"/> Pamela Polom	Finance Specialist	
	<input type="checkbox"/> Brandon Rhue	Chief Information Officer/Operations Director	
	<input checked="" type="checkbox"/> Denise Switzer	Grant and Treatment Manager	
	<input type="checkbox"/> Deanna Yockey	Chief Financial Officer	
Public	Molly Harvey, Caitlin Koucky, Brian Martinus, Tobias Neal, Diane Pelts, Sue Winter		

CALL TO ORDER

Let the record show that Mr. Schmidt called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that David Comai was absent for, and Sherry Powers was excused from, the meeting on this date; all other SUD Oversight Committee members were in attendance either in Gaylord or virtually.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

APPROVAL OF PAST MINUTES

The January minutes were included in the materials for the meeting on this date.

MOTION BY TERRY NEWTON TO APPROVE THE MINUTES OF THE JANUARY 8, 2024 NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING; SUPPORT BY BURT FRANCISCO. MOTION CARRIED.

APPROVAL OF AGENDA

Let the record show that no additions or revisions to the meeting Agenda were proposed.

MOTION BY TERRY NEWTON TO APPROVE THE AGENDA FOR THE MARCH 4, 2024 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE; SUPPORT BY RON QUACKENBUSH. MOTION CARRIED.

ANNOUNCEMENTS

It was noted that the Leelanau County seat on the SUD Oversight Committee is newly vacant.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that Mr. Schmidt called for any conflicts of interest to any of the meeting agenda items; none were declared.

INFORMATIONAL REPORTS

Admissions

The admissions report through January 31, 2024 was included in the materials for the meeting on this date. Admissions for were down 2% from the same period in FY23. The data showed that outpatient was the highest level of treatment admissions at 41%, and alcohol was the most prevalent primary substance at 59%, All opiates (including heroin) were second at 19%, and methamphetamine was the third most prevalent primary substance at 16%. It was noted that stimulant use is rising sharply throughout the 21-county region. Ms. Arsenov clarified that the report only captures primary substance use; methamphetamine is also frequently a secondary substance.

A deep decline in HMP has resulted from Medicaid redeterminations; this is affecting block grant funding for SUD services. Additional block grant funding has been requested from MDHHS.

A sample report by county, using FY24 admissions data, was presented to the committee as requested by Ms. Singer during the January meeting. Mr. Francisco supported the use of this report. The report summarizes the use of primary, secondary, tertiary substances. Ms. Singer requested a bar chart showing all 21 counties and potential age ranges. Rev. Wallace agreed that bar charts are easier to review visually. Mr. Freedman requested the raw data which Ms. Arsenov agreed to provide.

December Financial Report

SUD services through December 31, 2023 showed all funding source revenue of \$7,525,716 and \$6,481,958 in expenses, resulting in a net surplus of \$1,043,758. Total PA2 funds were reported as \$4,898,195.

LIQUOR TAX PARAMETERS DISCUSSION

During the January meeting, Mr. Freedman requested that the NMRE set some parameters regarding the use of liquor tax funds and the application process.

NMRE/SUD Oversight Committee Review

- Liquor tax applications must be submitted to the NMRE by the 1st of the month prior to months in which Substance Use Disorder Oversight Committee meetings are scheduled. Once applications are submitted, they are reviewed by in internal team of NMRE staff.
- Agencies providing services paid with liquor tax funds must be appropriately licensed for the services by the Michigan Department of Licensing and Regulatory Affairs (LARA) or must be a governmental entity.
- NMRE staff will forward applications to the SUD Oversight Committee members representing the counties from which liquor tax funds are requested.
- If any issues with the request are identified, the request will not move forward or be included in the SUD Oversight Committee meeting packet.
- All decisions will be based on the region's priorities, network capacity, needs and utilization.
- If two or more projects are found to be appropriate for funding, but the budget cannot allow for both or all of them to be approved, the NMRE will bring them to the SUD Oversight Committee to determine which one(s) will be approved based on the counties' needs.

Criteria for Review/Discussion

- The NMRE will update projected end balances for each county for the current fiscal year monthly. New applications will be compared to projected end balances to ensure that there is adequate funding in the county to financially support the request.
- A balance equivalent to one year's revenue will remain as a fund balance for each county.
- Project requests for services covered via routing funding will not be considered.
- Applications that include any purchase of buildings, automobiles, or the like will not be considered.
- Applications that include using funds for renovations of any kind will not be considered.
- To be considered, applications must be for substance use disorder prevention, treatment, or recovery services or supports.
- Region-wide (21 county) requests should be limited to media requests; other region-wide requests will be evaluated on a case-by-case basis.
- Multi-county requests (2 or more) must include detailed information on the provision of services and/or project activities for each county from which funds are requested.
- Staff who receive staffing grants via liquor tax approvals will not be eligible to bill services to the NMRE.
- Capital investments* will not be considered.
- Budget Requirements:
 - Budgets must include information in all required fields.
 - Any fringe benefit totals should not exceed 25% of the salaries and wages total. If the fringe amount is over 25% an explanation will be required.
 - Indirect costs, when applicable, should not exceed 10% of the requested budget total.
 - Liquor tax funds may be used to cover up to one FTE (across all projects) per person.
 - The amount requested for salaries should be based on the staff person's actual salary and not the billable rate.
- Requests for liquor tax funds should be coordinated with area stakeholders (CMHSPs, SUD Oversight Committee Members, County Commissioners, courts, law enforcement, SUD services providers) whenever possible.

** "Capital investment" refers to funds invested in a company or enterprise to further its business objectives. Capital investments are often used to acquire or upgrade physical assets such as*

*property, buildings, or equipment to expand or improve long-term productivity or efficiency.
(Source: Nasdaq)*

NMRE SUD Oversight Committee Meeting

The NMRE Substance Use Disorder (SUD) Oversight Committee will review each application presented and motion to approve (or deny) the request. If the motion is to approve is passed, the request will be presented to the NMRE Board of Directors during the next scheduled monthly meeting. Requests may be tabled by either the SUD Oversight Committee or the Board of Directors if additional information is needed.

Ms. Singer said that for multi-county requests, it would be nice to know how much is spent in each county. She asked that a rubric be created for new members, so they know what questions to ask. Ms. Arsenov responded that she is attempting to do that by establishing parameters. NMRE Grant and Treatment Manager, Denise Switzer, added that multi-county project costs are spread based on the counties' populations.

Ms. Arsenov requested that feedback be sent to NMRE staff via email. An update on this topic will be provided during the May meeting.

LIQUOR TAX REQUESTS

1) Catholic Human Services – Cheboygan County Drug-Free Coalition

Cheboygan \$ 9,500

The recommendation by NMRE was to approve.

MOTION BY JOHN WALLACE TO APPROVE THE REQUEST FROM CATHOLIC HUMAN SERVICES FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF NINE THOUSAND FIVE HUNDRED DOLLARS (\$9,500.00) TO FUND SERVICES TO FUND THE CHEBOYGAN COUNTY DRUG-FREE COALITION; SUPPORT BY TERRY NEWTON. MOTION CARRIED. MOTION CARRIED.

County Overviews

The impact of the liquor tax requests approved on this date on county fund balances was shown as:

	Projected FY24 Available Balance	Amount Approved March 4, 2024	Projected Remaining Balance
Cheboygan	\$21,892.53	\$9,500.00	\$12,392.53

The "Projected Remaining Balance" reflects funding available for projects while retaining a fund balance equivalent of one year's receivables.

NMRE THREE-YEAR STRATEGIC PLAN UPDATE

As requested by Ms. Singer during the January meeting, Ms. Arsenov presented an update on the NMRE's "Three-Year (FY24 – FY26) Strategic Plan in Response to State and Federal Guidelines for Substance Use Disorder Prevention, Treatment, and Recovery Services."

The NMRE contracts with 5 licensed providers for prevention services:

- 1) Catholic Human Services
- 2) Centra Wellness Network
- 3) District Health Department #2
- 4) District Health Department #10
- 5) The Health Department of Northwest Michigan

The NMRE Contracts with 10 licensed, accredited providers for treatment services:

- 1) Addiction Treatment Services (ATS)
- 2) Bay Area Substance Education Services, Inc. (BASES)
- 3) Bear River Health
- 4) Catholic Human Services
- 5) GRACE Center
- 6) Harbor Hall
- 7) Michigan Therapeutic Consultants (MTC)
- 8) Munson
- 9) NMSAS Recovery Center
- 10) Sunrise Centre

The NMRE is focusing on increasing the number of Recovery Support Providers within the region. Currently, the NMRE does not contract directly with any providers that **only** provide recovery supports. The NMRE does, however, provide funding to Community Recovery Alliance and 217 Recovery. State Opioid Response (SOR) and liquor tax funds are being used to fund recovery efforts in the region. Recovery housing is funded by American Rescue Plan Act (ARPA) grant funds.

The NMRE continues to make progress on meeting its prevention, treatment, recovery, and coordination of services goals. Improvements may not be measurable until at least a year into the plan, or FY25.

PRESENTATION

NMSAS Recovery Center

Tobias Neal was in attendance with NMSAS Recovery Center CEO, Sue Winter, to present his story "From Bitter to Better", involving peer recovery support services.

The two pillars of focus in peer recovery supports are Peer Recovery Coaches and Multiple Pathways to Recovery.

- Peer Recovery Coaches connect with recoverees and coach them on their recovery journey. Studies have shown that individuals with Recovery Coaches have reduced relapse rates, increased treatment retention, improved relationships with treatment providers and social supports, and increased satisfaction with overall treatment experience.
- Multiple Pathways recognizes that people are different and what connects one person in recovery may be different than what connects the next person. Recovery must be as diverse as the environments people come from. People need choices.

NMSAS Recovery Center uses the liquor tax funding from the NMRE to support Peer Recovery Support Services. This funding is vital for these services to continue, evolve, and become more

effective in the changing world of recovery. Peer recovery coaches are active in 20 of the region's 21 counties. NMSAS's Recovery Coach Academy, a 4-day intensive training focusing on providing individuals with the skills needed to guide, mentor, and support anyone who would like to initiate or sustain long-term recovery from a drug or alcohol addiction, is offered three times per fiscal year. Peer Recovery Coach training is offered free of charge.

Community Recovery Alliance

Caitlin Koucky, Executive Director of Community Recovery Alliance (CRA) was in attendance to provide an update to the Board as requested in September. Ms. Koucky distributed a CRA "About Us" document to committee members. CRA is a Certified Recovery Community Organization (RCO), an independent, non-profit organization led and governed by representatives of the local recovery community.

- CRA operates a community center which is a space for individuals to share, hope, learn, grow, and celebrate in a safe, welcoming space. Because of its rapid growth, a larger space with better accessibility is being pursued in FY24. Multiple Pathways Recovery Meetings are held every weekday at noon.
- CRA offers free peer recovery coaching.
- CRA is a pilot site for the Recovery Friendly Workplace (RFW) program in Michigan. RFWs recognize that recovery from substance use disorder/opioid use disorder is a strength and are willing to work with people in recovery.
- CRA works with individuals leaving incarceration and supports the new Emmet County Recovery Court Program. CRA offers "welcome back bags" with supplies and vouchers for returning citizens.

Rev. Wallace referred to the 2-1-1- Program in Michigan, which links individuals to assistance programs in a wide variety of areas.

MOTION BY TERRY NEWTON TO CONTINUE TO FUND THE REQUEST FROM COMMUNITY RECOVERY ALLIANCE, INC. FOR EMMET COUNTY LIQUOR TAX DOLLARS IN THE AMOUNT OF TWO HUNDRED FIVE THOUSAND DOLLARS (\$205,000.00) APPROVED BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE ON SEPTEMBER 11, 2023; SUPPORT BY JOHN WALLACE. MOTION CARRIED.

PUBLIC COMMENT

Molly Harvey, Prevention Specialist with Catholic Human Services, thanked the Committee for its continued support of the Cheboygan County Drug-Free Coalition.

Mr. Freedman invited committee members to join the 21-Day Reduce Stigma Challenge taking place this month.

NEXT MEETING

The next meeting was scheduled for May 6, 2024 at 10:00AM.

ADJOURN

Let the record show that Mr. Schmidt adjourned the meeting at 12:01PM.