NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING 10:00AM – JANUARY 8, 2024 GAYLORD CONFERENCE ROOM & MICROSOFT TEAMS

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Alcona	Carolyn Brummund	Kalkaska	David Comai	
Alpena	Burt Francisco	Leelanau	Allison Zimpfer	
Antrim	Pam Singer	Manistee	Richard Schmidt	
Benzie	Im Markey	Missaukee	Vacant	
Charlevoix	Anne Marie Conway	Montmorency	Don Edwards	
Cheboygan	🛛 John Wallace	Ogemaw	🖂 Ron Quackenbush	
Crawford	Sherry Powers	Oscoda	Chuck Varner	
Emmet	☑ Terry Newton	Otsego	Doug Johnson	
Grand		Presque Isle	🛛 Dana Labar	
Traverse	Dave Freedman	Roscommon	Darlene Sensor	
Iosco	☑ Jay O'Farrell	Wexford	⊠ Gary Taylor	
Staff	🖂 Bea Arsenov	Clinical Services Director		
	Iodie Balhorn	Prevention Coordinator		
	Carol Balousek	Executive Administrator		
	Lisa Hartley	Claims Assistant		
	Eric Kurtz	Chief Executive Officer		
	Pamela Polom	Finance Specialist		
	Brandon Rhue	Chief Information Officer/Operations Director		
	Denise Switzer	Grant and Treatment Manager		
	Deanna Yockey	Chief Financial Of	ficer	
Public	Chip Cieslinski, Nichole Flickema, Chris Frasz, Kassondra Glenister, Laith			
	Griffith, Chip Johnston, Annie Moran, Sergeant Ben Owens, Diane Pelts,			
	Susan Pulaski, Cameron Snyder, Hunter Sonnenberg, John Thorp, Sheriff			
	Chuck Vondra, Crystal Weaver, Sue Winter			

CALL TO ORDER

Let the record show that Mr. Schmidt called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that David Comai and Allison Zimpfer were absent for the meeting on this date; all other SUD Oversight Committee members were in attendance either in Gaylord or virtually.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

APPROVAL OF PAST MINUTES

The November minutes were included in the materials for the meeting on this date. Ms. Singer asked that her request to have the admission report supplied to the SUD Oversight Committee by County be added to the meeting minutes.

MOTION BY TERRY NEWTON TO APPROVE THE MINUTES OF THE NOVEMBER 6, 2023 NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING AS AMENDED; SUPPORT BY PAM SINGER. MOTION CARRIED.

APPROVAL OF AGENDA

Let the record show that Mr. Schmidt added a presentation on Kloxxado to the meeting agenda.

MOTION BY CHUCK VARNER TO APPROVE THE AGENDA FOR THE JANUARY 8, 2024 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE AS AMENDED; SUPPORT BY TERRY NEWTON. MOTION CARRIED.

KLOXXADO

Annie Moran, Community Health Manager at Velocity BioGroup was asked to present the 8mg naloxone nasal spray, Kloxxado to committee members.

Ms. Moran referenced Senate Bill 542 (Hertel), legislation introduced in Michigan to help reduce overdose deaths by requiring the Michigan Department of Health and Human Services (MDHHS) to provide all FDA-approved formulations and dosage strengths of naloxone to eligible applicants.

The State of Michigan's naloxone distribution program currently provides 4 mg (nasal) doses of naloxone. There is increasing evidence that administration of a single 4 mg dose is insufficient to reverse an overdose due to the potency of fentanyl. Kloxxado 8 mg contains twice as much naloxone per dose as Narcan. 78% of opioid overdose reversal involved two or more doses of naloxone; 30% involved 3 or more doses.

Kloxxado costs \$60 for box of two 8mg doses. Mr. Kurtz agreed to reach out to the Department regarding the higher dosage since it is approved by Mediciad. Ms. Brummund asked that the information presented be sent to committee members, which was done.

ANNOUNCEMENTS

Let the record show that new member Dana Labar from Presque Isle County was introduced.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that Mr. Schmidt called for any conflicts of interest to any of the meeting agenda items; none were declared.

INFORMATIONAL REPORTS

Admissions

The admissions report through November 30, 2023 was included in the materials for the meeting on this date. Admissions for were down 15% from the same period in FY23. The data showed that outpatient was the highest level of treatment admissions at 42.90%, and alcohol was the most prevalent primary substance at 58.9%, All opiates (including heroin) were second at 18.3%, and methamphetamine was the third most prevalent primary substance at 15.14%. It was noted that stimulant use is rising sharply throughout the 21-county region. Ms. Arsenov clarified that the report only captures primary substance use; methamphetamine is also frequently a secondary substance. A report by counties is in process.

It was noted that Fentanyl is captured under synthetic opiates. Other substances may also have fentanyl added. Test strips are available to determine whether a substance contains fentanyl.

Mr. Freedman asked whether the numbers accurately reflect the need; he questioned whether outpatient is highest because it's easier to access. NMRE Clinical Services Director, Bea Arsenov, responded that outpatient is a long-term service and an appropriate level of care to maintain recovery.

Ms. Singer requested an update on the Three-Year Strategic Plan Goals for the March meeting, and an age breakdown for the primary substance use, if possible.

It was noted that all levels of care are available for inhalants.

September Financial Report

SUD services through September 30, 2023 showed all funding source revenue of \$30,471,105 and \$27,809,959 in expenses, resulting in a net surplus of \$2,661,146. Total PA2 funds were reported as \$5,097,296. 100% of block grant was spent in FY23. \$1.5M revenue projected for PA2 for FY23, came in at \$1.8M.

It was noted that NMRE has requested organizations that have projects funded with liquor tax dollars secure other funding sources by the fourth year of the project. Oftentimes, however, there is no other source for the funds. In these cases, organizations may continue to request liquor tax funds from the NMRE; there is no policy in place that prohibits funding projects after three years.

FY24 LIQUOR TAX REQUESTS

Ms. Arsenov reported that 9 liquor tax requests have been received since the November meeting. Two of the projects came in from AuSable Valley Community Mental Health Authority; one in the amount of \$67,789 and one in the amount of \$219,090. Additionally, a request came from Bear River Health for funds from all 21 counties totaling \$76,558. If all requests were approved as submitted, some counties would not be able to retain a fund balance equivalent of one year's receivables. Due to this, the NMRE initially recommended to deny the request from AuSable Valley Community Mental Health Authority to fund a peer recovery program in Iosco, Ogemaw, and Oscoda counties. Since the meeting packet was sent on January 2nd, an amended request was received from AuSable Valley Community Mental Health Authority for 25% of the initial request for a total of \$54,772.50. It was noted that, even at the reduced amount, all three of the stated projects cannot be approved while retaining a fund balance of one year's receivables.

Mr. Freedman asked if the limitations of PA2 funds can be revisited. Ms. Arsenov responded that a presentation will be prepared for the March meeting.

Mr. Schmidt spoke about the request from Bear River Health for Substance Use Recovery Focused (SURF) activities, noting that some of the CMHSPs may be providing similar services.

Mr. Freedman noted that the "Fiduciary Contact Information" box was left blank on several of the applications; he requested that future applications be contain the requested information.

1) AuSable Valley Community Mental Health Authority – Jail Services (3rd Year Renewal)

Total	\$ 67,789.00
Oscoda	\$ 10,320.92
Ogemaw	\$ 26,130.46
Iosco	\$ 31,337.62

The recommendation by NMRE was to approve.

MOTION BY CHUCK VARNER TO APPROVE THE REQUEST FROM AUSABLE VALLEY COMMUNITY MENTAL HEALTH AUTHORITY FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF SIXTY-SEVEN THOUSAND SEVEN HUNDRED EIGHTY-NINE DOLLARS (\$67,789.00) TO FUND SERVICES TO INDIVIDUALS IN THE IOSCO, OGEMAW, AND OSCODA COUNTY JAILS; SUPPORT BY JAY O'FARRELL. MOTION CARRIED.

2) AuSable Valley Community Mental Health Association – Peer Recovery Coach Program (Renewal)

	Original	Amended
	Request	 Request
Iosco	\$ 100,781.40	\$ 25,320.33
Ogemaw	\$ 85,445.10	\$ 21,113.02
Oscoda	\$ 32,863.50	\$ 8,339.15
Total	\$ 219.090.00	\$ 54,772.50

The initial recommendation by NMRE was not to not approve, due to the availability of funds. A revised request (25%) was received prior to the meeting to get the program moving forward while the NMRE explores contracting with AuSable Valley Community Mental Health Association to bill for substance use disorder services.

MOTION BY JAY O'FARRELL TO APPROVE THE REQUEST FROM AUSABLE VALLEY COMMUNITY MENTAL HEALTH AUTHORITY FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF FIFTY-FOUR THOUSAND, SEVEN HUNDRED SEVENTY-TWO DOLLARS AND FIFTY CENTS (\$54,772.50) TO FUND A PEER RECOVERY COACH PROGRAM IN IOSCO, OGEMAW, AND OSCODA COUNTIES; SUPPORT BY RON QUACKENBUSH. MOTION CARRIED.

It was noted that approval of this request leaves the remaining balance for Ogemaw County at \$755.79 (while retaining a balance equivalent to one year's receivables).

3) 33rd Circuit Court – Charlevoix Circuit Drug & Alcohol Court (New Request)

Charlevoix \$ 151,983.00

The recommendation by NMRE was to approve. Clarification was made that the program administrator's salary was determined by moving the salary of the current staff over to the new position.

MOTION BY ANNE MARIE CONWAY TO APPROVE THE REQUEST FROM THE THIRTY THIRD (33RD) CIRCUIT COURT FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF ONE HUNDRED FIFTY-ONE THOUSAND NINE HUNDRED EIGHTY-THREE DOLLARS (\$151,983.00) TO FUND THE CHARLEVOIX COUNTY DRUG AND ALCOHOL COURT; SUPPORT BY TERRY NEWTON. MOTION CARRIED.

4) Charlevoix County Jail – Individual Counseling Services (New Request)

Charlevoix \$ 21,000.00

The recommendation by NMRE was to approve.

MOTION BY ANNE MARIE CONWAY TO APPROVE THE REQUEST FROM THE CHARLEVOIX COUNTY JAIL FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF TWENTY-ONE THOUSAND DOLLARS (\$21,000.00) TO PROVIDE INDIVIDUAL COUNSELING SERVICES IN THE CHARLEVOIX COUNTY JAIL; SUPPORT BY JOHN WALLACE. MOTION CARRIED.

5) 89th District OWI Treatment Court – Intelligent Fingerprint Testing (New Request)

Cheboygan \$ 6,500.00

The recommendation by NMRE was to approve.

MOTION BY JOHN WALLACE TO APPROVE THE REQUEST FROM THE EIGHTY-NINTH (89TH) DISTRICT OPERATING WHILE INTOXICATED (OWI) TREATMENT COURT FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF SIX THOUSAND FIVE HUNDRED DOLLARS (\$6,500.00) TO PURCHASE INTELLIGENT FINGERPRINT TESTING FOR CHEBOYGAN COUNTY; SUPPORT BY ANNE MARIE CONWAY.

<u>Discussion</u>: Mr. Freedman questioned whether equipment could be considered as capital; he, again, noted the need to revisit the limitations of PA2 funds.

MOTION CARRIED.

6) Bear River Health – Cheboygan County Jail Case Management Services (Renewal/New Request)

Cheboygan \$ 40,744.00

The recommendation by NMRE was to approve.

MOTION BY JOHN WALLACE TO APPROVE THE REQUEST FROM BEAR RIVER HEALTH FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF FORTY THOUSAND SEVEN HUNDRED FORTY-FOUR DOLLARS (\$40,744.00) FOR CASE MANAGEMENT SERVICES IN THE CHEBOYGAN COUNTY JAIL; SUPPORT BY TERRY NEWTON. MOTION CARRIED WITH ONE "NAY" VOTE RECORDED FROM MR. FREEDMAN. <u>Discussion</u>: Mr. Labar questioned the salary amount of \$26,208 for 8 hours per week. Kassondra Glenister from Bear River Health responded that the amount was based off the NMRE billable rate. A full-time staff is currently employed serving Emmet and Otsego Counties and will be expanding into Cheboygan County. Branislava Arsenov explained this was not something NMRE mandates/requests. Mr. Kurtz clarified that the amount should be based on the individual's actual salary and not the billable rate. Mr. Freedman noted that box titled, "Briefly Explain how your project will address the need(s) identified above" was left blank on the application which could have clarified some of the issues brought forth. NMRE Grant and Treatment Manager, Denise Switzer, added that timesheets are used to verify payment.

7) Catholic Human Services – Live Well Kalkaska Substance Free Coalition (Renewal)

Kalkaska \$ 20,000.00

The recommendation by NMRE was to approve. It was noted that Kalkaska's representative to the NMRE SUD Oversight Committee has never attended scheduled meetings.

MOTION BY DAVE FREEDMAN TO APPROVE THE REQUEST FROM CATHOLIC HUMAN SERVICES FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF TWENTY THOUSAND DOLLARS (\$20,000.00) TO FUND THE LIVE WELL KALKASKA SUBSTANCE FREE COALITION; SUPPORT BY TERRY NEWTON. MOTION CARRIED WITH ONE "NAY" VOTE RECORDED FROM MR. FRANCISCO.

8) Health Department of Northwest Michigan – Rise Otsego Substance Free Coalition (Addendum)

Otsego \$ 12,000.00

The recommendation by NMRE was to approve.

<u>Discussion</u>: Mr. Freedman voiced several concerns with the application: the application lists an expired license, there is no explanation for fringe greater than 25% and/or indirect costs greater than 10%, and possible calculation errors.

MOTION BY DOUG JOHNSON TO APPROVE THE REQUEST FROM THE HEALTH DEPARTMENT OF NORTHWEST MICHIGAN FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF TWELVE THOUSAND DOLLARS (\$12,000.00) TO FUND THE RISE OTSEGO SUBSTANCE FREE COALITION; SUPPORT BY ANNE MARIE CONWAY. MOTION CARRIED WITH ONE "NAY" VOTE RECORDED FROM MR. FREEDMAN.

9) Bear River Health – Substance Use Recovery Focused (SURF) Club (Renewal)

Alcona	\$ 1,563.06
Alpena	\$ 4,297.91
Antrim	\$ 3,517.21
Benzie	\$ 2,653.62
Charlevoix	\$ 3,947.13
Cheboygan	\$ 3,830.85

Crawford	\$ 2,100.03
Emmet	\$ 5,012.32
Grand Traverse	\$ 13,863.34
Iosco	\$ 3,799.59
Kalkaska	\$ 2,662.83
Leelanau	\$ 3,270.32
Manistee	\$ 3,688.61
Missaukee	\$ 2,264.78
Montmorency	\$ 1,396.80
Ogemaw	\$ 3,168.24
Oscoda	\$ 1,251.38
Otsego	\$ 3,705.37
Presque Isle	\$ 1,931.51
Roscommon	\$ 3,608.27
Wexford	\$ 5,024.85
Total	\$ 76,558.00

The recommendation by NMRE was to approve, however, as noted previously, Ogemaw County only has \$755.79 available.

<u>Discussion</u>: The funds would be spent on quarterly events and weekly recovery support groups. Ms. Arsenov asked how much of the funding is used on clients who reside within the NMRE region. Ms. Glenister responded 90% of clients participating reside within the NMRE's 21 counties. Mr. Kurtz reported that the NMRE is conducting a capacity analysis to determine how many of the services delivered within the NMRE region are to clients who reside in the region; a summary will be supplied to the SUD Oversight Committee in March. The current county breakdown is based on population (not use). Mr. Wallace stated that it would be helpful to know the rate of participation by county.

Mr. Schmidt voiced support for the project but requested the opportunity to pull out if similar services are covered by Centra Wellness Network.

MOTION BY RON QUACKENBUSH TO APPROVE THE REQUEST FROM BEAR RIVER HEALTH FOR LIQUOR TAX DOLLARS IN THE AMOUNT OF SEVENTY-SIX THOUSAND FIVE HUNDRED FIFTY-EIGHT DOLLARS (\$76,558.00) TO FUND THE SUBSTANCE USE RECOVERY FOCUSED (SURF) EVENTS IN THE TWENTY-ONE COUNTIES COVERED BY THE NORTHERN MICHIGAN REGIONAL ENTITY.

The decision was made that the NMRE will request the breakdown of clients served per county from Bear River Health. This request will be deferred until the information is received. Ms. Arsenov clarified that liquor tax funds are only being requested for services that are not currently billable to NMRE.

MR. QUACKENBUSH WITHDREW HIS MOTION.

The total of the liquor tax requests approved during the meeting on this date was provided as **\$374,788.50**

County Overviews

The impact of the liquor tax requests approved on this date on county fund balances was shown as:

	Projected FY24	Amount Approved	Projected
	Available Balance	January 8, 2024	Remaining Balance
Alcona	\$31,560.14	0.00	\$31,560.14
Alpena	\$187,363.29	0.00	\$187,363.40
Antrim	\$139,578.01	0.00	\$139,578.01
Benzie	\$202,115.74	0.00	\$202,115.74
Charlevoix	\$236,647.27	\$172,983.08	\$63,664.19
Cheboygan	\$69,136.53	\$47,244	\$21,892.53
Crawford	\$86,827.02	0.00	\$86,827.02
Emmet	\$293,555.13	0.00	\$293,555.13
Grand Traverse	\$511,873.28	0.00	\$511,873.28
Iosco	\$119,383.67	\$56,657.95	\$62,725.72
Kalkaska	\$28,292.07	\$20.000.00	\$8,292.07
Leelanau	\$35,025.73	0.00	\$35,025.73
Manistee	\$179,952.70	0.00	\$179,952.70
Missaukee	\$11,689.45	0.00	\$11,689.45
Montmorency	\$29,491.57	0.00	\$29,491.57
Ogemaw	\$47,999.27	\$47,243.48	\$755.79
Oscoda	\$47,999.27	\$18,660.07	\$29,339.20
Otsego	\$36,444.34	\$12,000.00	\$24,444.34
Presque Isle	\$11,611.13	0.00	\$11,611.13
Roscommon	\$47,2989.68	0.00	\$472,989.68
Wexford	\$232,681.50	0.00	\$232,681.50

Clarification was made that the "Projected Remaining Balance" reflects funding available for projects while retaining a fund balance equivalent of one year's receivables.

PRESENTATION

SAFE in Northern Michigan

Susan Pulaski, Project Director of SAFE in Northern Michigan, and Nichole Flickema, Project Coordinator for SAFE in Northern Michigan were in attendance with virtual student attendees Cameron Snyder (Ellsworth High School), Hunter Sonnenbert (Pellston High School), Laith Griffith (Pellston High School) to provide an update on the SAFE in Northern Michigan Substance Free Coalition.

SAFE in Northern Michigan exists to prevent youth substance use, increase community awareness and create change through collaboration, education, prevention initiatives and environmental strategies of tobacco, alcohol and other substance use in Antrim, Charlevoix and Emmet counties. Currently, membership consists of 132 youth and 25 adults.

Activities over the past year have included:

• In November, SAFE in Northern Michigan youth and advisors traveled to Lansing to meet with legislators and advocate from drug free youth.

- SAFE youth developed Public Service Announcements to promote the dangers of alcohol, marijuana, and vaping.
- SAFE youth promote substance free spirit nights at high school sporting events.
- 26 SAFE youth attended a full day Youth Advocacy and Strategic Prevention Training.
- In January 2023, 7 SAFE youth attended the Community-based, Advocacy-focused, Datadriven, Coalition-Building (CADCA) National Leadership Forum in Washington DC.
- In July, 11 SAFE youth attended the CADCA Mid-Year Conference in Dallas.
- SAFE youth nominated substance free varsity athletes to be featured on posters to hang in their schools.
- SAFE youth organized 6 Vape Prevention Workshops titled, What's Your Why?" with middle school students.
- SAFE youth took part in a PhotoVoice project to share their experiences with how youth vaping impacts their communities through photography and storytelling.
- SAFE developed several different social norming campaigns to let community members know that the majority of youth across the region DO NOT use substances.

PUBLIC COMMENT

Let the record show that there were no public comments expressed.

NEXT MEETING

The next meeting was scheduled for March 4, 2024 at 10:00AM.

<u>ADJOURN</u>

Let the record show that Mr. Schmidt adjourned the meeting at 11:48AM.