# NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING 10:00AM – MAY 5, 2025 GAYLORD CONFERENCE ROOM & MICROSOFT TEAMS

Alcona	Carolyn Brummund	Kalkaska 🛛 David Comai		
Alpena	Lucille Bray	Leelanau 🗆 Vacant		
Antrim	Pam Singer	Manistee 🛛 Vacant		
Benzie	Im Markey	Missaukee 🛛 🗆 Dean Smallegan		
Charlevoix	Anne Marie Conway	Montmorency 🛛 Michelle Hamlin		
Cheboygan	Iohn Wallace	Ogemaw 🛛 🖾 Ron Quackenbush		
Crawford	Matthew Moeller	Oscoda 🛛 🖂 Chuck Varner		
Emmet	Terry Newton	Otsego 🛛 🖾 Doug Johnson		
Grand		Presque Isle 🛛 Dana Labar		
Traverse	Dave Freedman	Roscommon 🛛 Darlene Sensor		
Iosco	Iay O'Farrell	Wexford 🛛 🖾 Gary Taylor		
Staff	Bea Arsenov	Chief Clinical Officer		
	🛛 Jodie Balhorn	Prevention Coordinator		
	Carol Balousek	Executive Administrator		
	🛛 Lisa Hartley	Claims Assistant		
	Eric Kurtz	Chief Executive Officer		
	Heidi McClenaghan	Quality Manager		
	Pamela Polom	Finance Specialist		
	Brandon Rhue	Chief Information Officer/Operations Director		
	☑ Denise Switzer	Grant and Treatment Manager		
	Chris VanWagoner	Contract and Provider Network Manager		
	Deanna Yockey	Chief Financial Officer		
Public	Samantha Borowiak, Lou Gama	alski, Caitlin Koucky, Larry LaCross, Tom		
	McHale			

# CALL TO ORDER

Let the record show that Committee Vice-Chair, Jay O'Farrell, called the meeting to order at 10:00AM.

## ROLL CALL

Let the record show that Lucille Bray, David Comai, and Dean Smallegan were absent for the meeting on this date; all other SUD Oversight Committee Members were in attendance either in Gaylord or virtually.

## PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

## APPROVAL OF PAST MINUTES

The March minutes were included in the materials for the meeting on this date.

# MOTION BY CAROLYN BURMMUND TO APPROVE THE MINUTES OF THE MARCH 3, 2025 NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING; SUPPORT BY DAVE FREEDMAN. MOTION CARRIED.

## APPROVAL OF AGENDA

Let the record show that no additions or revisions to the meeting Agenda were proposed.

## MOTION BY RON QUACKENBUSY TO APPROVE THE AGENDA FOR THE MAY 5, 2025 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE; SUPPORT BY TERRY NEWTON. MOTION CARRIED.

#### ANNOUNCEMENTS

Let the record show that there were no announcements during the meeting on this date.

## ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that Mr. O'Farrell called for any conflicts of interest to any of the meeting agenda items; none were declared.

#### INFORMATIONAL REPORTS

#### **FY24 Admissions Report**

The admissions report through March 31, 2025 was included in the materials for the meeting on this date. Admissions were down 15.6% from the same period in FY24, likely due to individuals losing Medicaid and Healthy Michigan (HMP) after the resumption of redeterminations, particularly for individuals on Healthy Michigan (20% decline). The data showed that outpatient was the highest level of treatment admissions at 43%, and alcohol was the most prevalent primary substance at 59%, all opiates (including heroin) were the second most prevalent primary substance at 18%, and methamphetamine was the third most prevalent primary substances at 16%. It was noted that stimulant use has risen sharply throughout the 21-county region.

County-specific reports were posted to the NMRE website at <u>County Admission Reports | NMRE</u>. The county-specific reports are intended to be shared with Boards of Commissioners and other community stakeholders.

The NMRE is looking at in-region utilization of detox and residential beds. Of the 400+ beds in the 21-county region, only 20% are used by residents of the region.

Mr. Freedman expressed concern about the Medicaid funding stream given potential cuts tat the federal level. Mr. Kurtz responded that some discussion would take place under the "Financial Report."

Ms. Singer noticed CHS utilization has decreased. CHS President/Chief Executive Officer, Larry LaCross, responded that CHS is providing the same service it has in prior years. The reduction in admissions is likely attributable to Medicaid changes. He noted that the substance use in the region has not decreased.

## **Financial Report**

All SUD funding through February 28, 2025, showed revenue of \$11,854,303 and \$9,175,155 in expenses, resulting in a net surplus of \$2,679,148. Total PA2 funds were reported as \$4,360,589.

PA2/Liquor Tax was summarized as follows:

Projected FY25 Activity							
Beginning Balance	Projected Revenue	Approved Projects	Projected Ending Balance				
\$4,765,231	\$1,847,106	\$2,150,940	\$4,461,397				
Actual FY25 Activity							
Beginning Balance	Current Receipts	Current Expenditures	Current Ending Balance				
\$4,765,231	\$92,609	\$497,251	\$4,360,589				

Mr. Kurtz acknowledged that federal issues (potential Medicaid cuts) are difficult to predict. It is likely that matching programs will be looked at. Numerous grant initiatives for startups are on the chopping block. The NMRE at the mercy of the state if/when any federal matching programs are hit. With the reduction in Healthy Michigan beneficiaries due to redeterminations, the 90% funding percentage may be reduced.

Mr. Newton asked about the announcement from the Department on February 28<sup>th</sup> that it is moving to a competitive procurement process for the state's Pre-Paid Inpatient Health Plan (PIHP) contracts. Mr. Kurtz responded that the details are still being worked out. He noted that there is very little competition in the rural north (PIHP Regions 1 and 2). The state's procurement also failed to mention SUD services.

Ms. Hamlin inquired about the NMRE's lawsuit with the State. Mr. Kurtz explained that an injunction and complaint was filed against the State of Michigan, State of Michigan Department of Health and Human Services, and Elizabeth Hertel by the law firm of Taft, Stettinius & Hollister, LLP on behalf of NorthCare network Mental Health Care Entity, Northern Michigan Regional Entity, Region 10 PIHP, and the CHM Partnership of Southeast Michigan. The suit stems from the fact that, although the plaintiffs signed modified versions of the FY25 Contract (striking out language related to the Waskul settlement, IFS capitation, and Certified Community Behavioral Health Clinics), the Department refused to counter-sign.

# LIQUOR TAX PARAMETERS

The Liquor Tax funds parameters approved by the NMRE Board of Directors on April 24, 2024 were included in the meeting materials to inform the SUD Oversight Committee's decision whether to recommend approval of the liquor tax requests brought before the Committee on this date.

# FY25 LIQUOR TAX REQUESTS

1. Charlevoix County Individual Counseling Charlevoix \$21,000 Continuation Jail

Meets PA2 Parameters?  $\boxtimes$  Yes  $\square$  No

## MOTION BY TO ANNE MARIE CONWAY APPROVE THE REQUEST FROM THE CHARLEVOIX COUNTY JAIL FOR CHARLEVOIX COUNTY LIQUOR TAX DOLLARS IN THE AMOUNT OF TWENTY-ONE THOUSAND DOLLARS (\$21,000.00) TO PROVIDE

# INDIVIDUAL COUNSELING WITHIN THE JAIL; SUPPORT BY PAM SINGER. MOTION CARRIED.

2. Community Community Center and Emmet \$103,509 Continuation Recovery Alliance Peer Services

Meets PA2 Parameters?  $\boxtimes$  Yes  $\square$  No

# MOTION BY TERRY NEWTON TO APPROVE THE REQUEST FROM COMMUNITY RECOVERY ALLIANCE FOR EMMET COUNTY LIQUOR TAX DOLLARS IN AMOUNT OF ONE HUNDRED THREE THOUSAND FIVE HUNDRED NINE DOLLARS (\$103,509.00) TO CONDUCT OUTREACH AND SUPPORT THE PETOSKEY COMMUNITY CENTER; SUPPORT BY JOHN WALLACE. MOTION CARRIED.

## **County Overviews**

The impact of the liquor tax requests approved on this date on county fund balances was shown as:

	Projected FY25 Available Balance	Amount Approved May 5, 2025	Projected Remaining Balance
Charlevoix	\$35,576.84	\$21,000.00	\$15,576.84
Emmet	\$241,165.42	\$103,509.00	\$137,656.42
Total		\$124,509.00	

The "Projected Remaining Balance" reflects funding available for projects while retaining a fund balance equivalent of one year's receivables.

## PRESENTATION

# The Importance of Multiple Pathways to Recovery

NMSAS Recovery Center's Peer Recovery Coach Coordinator, Tom McHale, was in attendance to discuss the importance of providing multiple pathways to recovery.

Mr. McHale reported that during his 36 years of uninterrupted sobriety and recovery advocacy, he has observed that there are two conditions present in people with sustained recovery: 1) they were able to create a meaningful life, and 2) they attach themselves to people, places, and things that reflect and reinforce their core beliefs.

Mr. McHale explained that 12-step programs are merely one path to recovery. The need to increase the number of groups under the "recovery umbrella" was stressed. Individuals should be encouraged to find pathways that align with their personal beliefs and values.

Tom thanked the NMRE SUD Oversight Committee for their support to the recovering community and asked that it consider advocating for multiple paths to recovery.

## PUBLIC COMMENT

## **SUD Oversight Committee Members**

Ms. Singer shared that she has been tracking the rising number of opioid deaths in Antrim County. She has spoken with Dr. Paul Wagner, the Medical Examiner for Antrim County and found that

opioid death data also includes suicides and deaths of Antrim County residents who died elsewhere. Reporting can also be very delayed due to the need to obtain a coroner's report.

#### Public

Caitlin Koucky, Executive Director for Community Recovery Alliance, thanked the NMRE and the SUD Oversight Committee Members for approving the liquor tax request for peer services. She noted that these services had previously been funded though the American Rescue Plan Act (ARPA) Covid grant which was terminated on April 1, 2025.

#### NEXT MEETING

The next meeting was scheduled for July 7, 2025 at 10:00AM.

#### ADJOURN

## MOTION BY TERRY NEWTON TO ADJOURN THE MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT COMMITTEE MEETING FOR MAY 5, 2025; SUPPORT BY JOHN WALLACE. MOTION CARRIED.

Let the record show that Mr. O'Farrell adjourned the meeting at 11:02AM.