# NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING 10:00AM – DECEMBER 7, 2022 GAYLORD BOARDROOM

ATTENDEES: Kate Dahlstrom, Ed Ginop, Gary Klacking, Terry Larson, Eric

Lawson, Christian Marcus, Mary Marois, Gary Nowak, Richard

Schmidt, Don Smeltzer, Don Tanner, Chuck Varner

ABSENT: Angie Griffis, Jay O'Farrell, Karla Sherman

NMRE/CMHSP Brian Babbitt, Chip Johnston, Eric Kurtz, Brian Martinus, Diane

STAFF: Pelts, Brandon Rhue, Nena Sork, Chris VanWagoner, Deanna

**Yockey, Carol Balousek, Lisa Hartley** 

PUBLIC: Chip Cieslinski, Dave Freedman, Sue Winter

## CALL TO ORDER

Let the record show that Chairman Don Tanner called the meeting to order at 10:00AM.

## **ROLL CALL**

Let the record show that Angie Griffis, Jay O'Farrell, and Karla Sherman were excused from the meeting on this date; all other NMRE Board Members were in attendance.

#### PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

# ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest to any of the meeting Agenda items were declared.

#### APPROVAL OF AGENDA

Mr. Kurtz requested that Lakeview Consulting Proposal and SUD Prevention Grant awards be added to the meeting agenda under "New Business."

MOTION BY MARY MAROIS TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING AGENDA FOR DECEMBER 7, 2022, AS AMENDED; SUPPORT BY GARY NOWAK. MOTION CARRIED.

#### APPROVAL OF PAST MINUTES

Let the record show that the October minutes of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION BY GARY NOWAK TO APPROVE THE MINUTES OF THE OCTOBER 26, 2022 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SUPPORT BY ED GINOP. MOTION CARRIED.

## CORRESPONDENCE

- 1) The minutes from the November 3<sup>rd</sup> PIHP CEO meeting.
- 2) MDHHS "Michigan Integration Efforts: Service Delivery Transformation" document dated November 2022 Update.
- 3) Michigan Medicaid Policy Bulletin 22-36 regarding 1915(i) State Plan Home and Community-Based Services.
- 4) Statewide Performance Indicator report for Quarter 3 FY22.
- 5) Email correspondence from Alan Bolter at CMHAM summarizing 2-23-2024 State Legislative leadership races.
- 6) Slide deck from CMHAM describing what PIHPs are, what they do, and their value.
- 7) The Fall 2022 edition of the NMRE "Member Newsletter."
- 8) The draft minutes from the November 9<sup>th</sup> NMRE Regional Finance Committee meeting.

Mr. Kurtz drew attention to the New Methadone Reimbursement Rate identified in the November 3<sup>rd</sup> PIHP CEO meeting minutes. It was noted that the NMRE has been paying higher than other PIHPs for some time. The increased rate of \$19 could lead to nearly \$1M in increased payments. It is currently unclear how this relates to federal block grant spending and authority.

Mr. Marcus referenced the "State Hospital Denials" section of the November 3<sup>rd</sup> PIHP CEO meeting minutes. No reason was given for the state denying individuals for inpatient care. It was noted that psychiatric beds have been reduced by 75-100 due to staffing issues. Denying court-ordered treatments would result in contempt of court charges. Hospitals have recently entered into agreements with private residential providers (Hope Network, Beacon); this needs to be brought to the attention of legislators.

The CMHA document, "What Is a PIHP?" and the Fall 2022 Member Newsletter were also highlighted.

Ms. Dahlstrom referenced the Michigan Integration Efforts document. Clarification was made that the Azara DVRS data reporting and analytics solution houses encounter, and admission, discharge, and transfer data; it is not a client portal. Mr. Kurtz explained that care coordination is already occurring through Care Connect 360. NMRE Chief Information Officer, Brandon Rhue, added that patient portals are a CMS requirement, on which all CMHSPs are audited.

#### **ANNOUNCEMENTS**

Let the record show that there were no announcements during the meeting on this date.

#### PUBLIC COMMENT

Let the record show that the members of the public attending the meeting virtually were recognized.

# **Executive Committee Report**

Let the record show that no meetings of the NMRE Executive Committee have occurred since the October Board Meeting.

## **CEOs Report**

The NMRE CEO Monthly Report for November 2022 was included in the materials for the meeting on this date. Mr. Kurtz highlighted the meeting on November 22<sup>nd</sup> with AuSable Valley CMHA regarding a potential clinic in West Branch to provide SUD services, including Medication Assisted

Treatment (MAT). Mr. Kurtz also referenced the joint advocacy meeting on November 22<sup>nd</sup> with CMHAM, The Arc Michigan, and the Mental Health Association.

# **September 2022 Financial Report**

- <u>Net Position</u> showed net surplus Medicaid and HMP of \$11,331,599. Medicaid carry forward
  was reported as \$16,358,117. The total Medicaid and HMP Current Year Surplus was reported
  as \$27,689,716. Medicaid and HMP combined ISF was reported as \$16,358,117; the total
  Medicaid and HMP net surplus, including carry forward and ISF was reported as \$44,047,833.
- <u>Traditional Medicaid</u> showed \$203,038,742 in revenue, and \$188,520,205 in expenses, resulting in a net surplus of \$14,518,537. Medicaid ISF was reported as \$9,298,368 based on the final FSR. Medicaid Savings was reported as \$11,296,867.
- <u>Healthy Michigan Plan</u> showed \$32,507,098 in revenue, and \$28,551,560 in expenses, resulting in a net surplus of \$3,945,538. HMP ISF was reported as \$7,059,749 based on the final FSR. HMP savings was reported as \$5,061,250.
- <u>Health Home</u> showed \$1,507,126 in revenue, and \$1,283,632 in expenses, resulting in a net surplus of \$223,494.
- <u>SUD</u> showed all funding source revenue of \$25,668,256, and \$22,503,103 in expenses, resulting in a net surplus of \$3,165,153. Total PA2 funds were reported as \$5,511,715.

The direct care wage surplus was estimated at \$7,132,476. Total DCW revenue was reported as \$15.3M. Final quarter PA2 payments were received totaling approximately \$1.5M. The total anticipated lapse back to the state for FY22 was estimated as \$10M.

Mr. Larson asked whether any thought has been given about bringing PA2 balances down a bit so that the funds can be utilized for services. Ms. Yockey drew attention to the "FY22 Projected Revenue" column on the Schedule of PA2 by County" page of the financial report; one year's projected revenue is what the Board had determined should be kept as a balance. Ms. Yockey also noted that \$2,962,916 PA2 funds were approved in FY22, but only \$1,517,189 has been billed to date; the remaining 1,445,727 will be added to the fund balance and carried over into FY23. Ms. Sircely noted that there has been an effort to utilize PA2 funds, and numerous projects have been approved thus far for FY23.

# MOTION BY GARY NOWAK TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR SEPTEMBER 2022; SUPPORT BY RICHARD SCHMIDT. MOTION CARRIED.

#### **Operations Committee Report**

Let the record show that the Operations Committee did not meet in November. The next meeting is scheduled for December 20, 2022.

# **NMRE SUD Oversight Board Report**

The minutes from the November 7, 2022 Substance Use Disorder Oversight Board meeting were included in the materials for the meeting on this date. Liquor tax requests will be reviewed under "New Business."

# **NEW BUSINESS**

#### **PA2 Requests**

The NMRE SUD Oversight Board reviewed and approved six liquor tax request applications.

Munson Medical Center Behavioral Health Services	Recovery Coach Services	\$ 173,817
Health Department of Northwest Michigan	Syringe Exchange Program	\$ 5,000
AuSable Valley CMHA	Peer Recovery Coaching	\$ 154,453
ÁuSable Valley CMHA	Jail Services	\$ 63,482
217 Recovery	Recovery Community Center	\$ 315,517
Bay Area Substance Education Services (BASES)	Jail Services	\$ 20,000
	Total	\$ 732,269

The pros and cons of offering a syringe exchange program were discussed. Mr. Marcus noted that issues have been reported from Antrim County.

MOTION BY ERIC LAWSON TO APPROVE THE ALL THE NOVEMBER 7, 2022 LIQUOR TAX USE RECOMMENDATIONS BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD EXCEPT THE REQUEST FROM THE HEALTH DEPARTMENT OF NORTHWEST MICHIGAN FOR A SYRINGE EXCHANGE PROGRAM; THE REQUEST FROM 217 RECOVERY WILL BE REDUCED BY THE AMOUNTS ALLOCATED FOR BENZIE AND MANISTEE COUNTIES, LOWERING THE TOTAL AMOUNT REQUESTED FOR APPROVAL TO SIX HUNDRED NINETY-ONE THOUSAND NINETY-SIX DOLLARS (\$691,096.00); SUPPORT BY CHRISTIAN MARCUS. ROLL CALL VOTE.

"Yea" Votes: K. Dahlstrom, E. Ginop, G. Klacking, T. Larson, E. Lawson, C. Marcus,

M. Marois, G. Nowak, R. Schmidt, D. Smeltzer, D. Tanner, C. Varner

"Nay" Votes: Nil

#### **MOTION CARRIED.**

MOTION BY MARY MAROIS TO APPROVE THE LIQUOR TAX REQUEST BY THE HEALTH DEPARTMENT OF NORTHWEST MICHIGAN IN THE AMOUNT OF FIVE THOUSAND DOLLARS (\$5,000.00) TO FUND A SYRINGE EXCHANGE PROGRAM IN ANTIM COUNTY; SUPPORT BY KATE DAHLSTROM.

<u>Discussion</u>: Mr. Marcus emphasized the need for hard evidence showing the efficacy of syringe exchange programs. Ms. Dahlstrom recommended that someone from the Health Department of Northwest Michigan present to the Board in January. Mr. Tanner noted that the Health Department should be providing public health benefits to Antrim County.

MOTION BY DON SMELTZER TO DELAY VOTING ON MS. MAROIS' MOTION UNTIL JANUARY 25,2023 AND FOR CORRESPONDENCE TO BE SENT BY THE NORTHERN MICHIGAN REGIONAL ENTITY TO THE HEALTH DEPARTMENT OF NORTHWEST EXPLAINING THE REASON FOR THE DELAY; SUPPORT BY RICHARD SCHMIDT. ROLL CALL VOTE.

"Yea" Votes: K. Dahlstrom, E. Ginop, G. Klacking, C. Marcus, M. Marois, R.

Schmidt, D. Smeltzer, C. Varner

"Nay" Votes: E. Lawson, G. Nowak, D. Tanner

Abstentions: T. Larson

## **MOTION CARRIED.**

## **SUD Prevention Grants**

• <u>Gambling Disorder Grant</u>

NMRE Substance Use Disorder Grant Director, Sara Sircely, requested approval to award a contract for a SUD Prevention Gambling media campaign to MacDonald-Garber Broadcasting using grant funds in the amount \$200,000.

• SUD Tobacco Grant

Ms. Sircely request approval to award a contract for a SUD Tobacco media campaign to MacDonald-Garber Broadcasting using grant funds in the amount of \$4,000.

MOTION BY GARY NOWAK TO APPROVE A CONTRACT WITH MACDONALD-GARBER BROADCASTING FOR A GAMBLING DISORDER MEDIA CAMPAIGN IN THE AMOUNT OF TWO HUNDRED THOUSAND DOLLARS (\$200,000.00) AND A TOBACCO CAMPAIGN IN THE AMOUNT OF FOUR THOUSAND DOLLARS (\$4,000.00) UTILIZING AVAILABLE GRANT FUNDS; SUPPORT BY RICHARD SCHMIDT. ROLL CALL VOTE.

"Yea" Votes: K. Dahlstrom, E. Ginop, G. Klacking, T. Larson, E. Lawson, C. Marcus,

M. Marois, G. Nowak, D. Smeltzer, R. Schmidt, D. Tanner, C. Varner,

"Nay" Votes: Nil

#### MOTION CARRIED.

# MDHHS-PIHP Contract Change Order No. 7

A summary of MDHHS-PIHP Contract Change Order No. 7 was included in the materials for the meeting on this date. Mr. Kurtz drew attention to the OIG section which is almost a complete rewrite. Under the Finance Section, a change was made to indicate that the DCW for FY23 will not be separately cost settled. For the Performance Bonus Incentive for FY23, the percentage for the narrative portion has been reduced; the PBIP ties more to actual indicators/joint metrics.

MOTION BY MARY MAROIS TO APPROVE AND AUTHORIZE THE NORTHERN MICHIGAN REGIONAL ENTITY CHIEF EXECUTIVE OFFICER TO SIGN CHANGE ORDER NUMBER SEVEN (NO.7) TO THE CONTRACT BETWEEN THE MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES AND THE NORTHERN MICHIGAN REGIONAL ENTITY; SUPPORT BY GARY NOWAK. ROLL CALL VOTE.

"Yea" Votes: K. Dahlstrom, E. Ginop, G. Klacking, T. Larson, E. Lawson, C. Marcus,

M. Marois, G. Nowak, R. Schmidt, D. Smeltzer, D. Tanner, C. Varner

"Nay" Votes: Nil

#### **MOTION CARRIED.**

## **Lakeview Consulting, LLC Proposal**

A proposal from Lakeview Consultants, LLC "to provide planning, facilitation, and report findings specific to the public mental health system in Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon and Wexford Counties" was distributed on this date. A series of listening sessions is

planned to take place in each of the counties. The input collected will be used to inform the enabling agreement between the counties and Northern Lakes CMHA.

MOTION BY CHUCK VARNER TO APPROVE THE PROPOSAL BY LAKEVIEW CONSULTANTS, LLC TO CONDUCT LISTENING SESSIONS IN CRAWFORD, GRAND TRAVERSE, LEELANAU, MISSAUKEE, ROSCOMMON, AND WEXFORD COUNTIES AT A COST OF THIRTY-FOUR THOUSAND TWO HUNDRED DOLLARS (\$34,200.00); SUPPORT BY DON SMELTZER. ROLL CALL VOTE.

"Yea" Votes: K. Dahlstrom, E. Ginop, G. Klacking, T. Larson, E. Lawson, C. Marcus,

M. Marois, G. Nowak, R. Schmidt, D. Smeltzer, D. Tanner, C. Varner

"Nay" Votes: Nil

## **MOTION CARRIED.**

#### **OLD BUSINESS**

## **Christine Gebhard Contract**

The fully executed contract between the NMRE and Christine Gebhard was included in the meeting materials at the Board's request during the October meeting.

## Senate Bills 597 & 598/House Bills 4925 – 4929 – The Latest

The following items were included in the materials for the meeting on this date under this topic:

- Detroit News Opinion dated October 29, 2022 by Michael Murphy titled, "Don't Outsource State's Mental Health Care."
- Action Alert from CMHAM dated October 24, 2022 urging for "No Lame Duck Deals on SBS 597 & 598."
- Email correspondence from Alan Bolter at CMHAM dated November 30, 2022 regarding revised SBS 597 & 598.
- Press Release from MDHHS dated November 30, 2022, titled, "MDHHD Enhances Work with Providers to Meet Behavioral Health Needs of Children in Foster Care, Juvenile Justice Systems."
- Substitute for Senate Bill No. 597.
- Substitute for Senate Bill No. 598.

As of December 6, 2022, substitute SBs 597 & 598 did not pass the state senate. The bills would have moved foster care (only) over to a single managed care organization and would have also restructured regional PIHP governance boards to consist of  $\frac{1}{3}$  CMH representation,  $\frac{1}{3}$  provider representation, and  $\frac{1}{3}$  consumer/family representation.

Ms. Marois noted that to revive the bills, they would have to be tacked on to a current bill that would amend both the social welfare act and the mental health code; it is not believed any exist.

# **Grand Traverse County and Northern Lakes CMHA**

Mr. Kurtz reported that the six counties continue to meet. As stated previously, the Enabling Agreement will be rewritten with input from the listening sessions. Communication to the public generated by the counties is expected soon.

## **PRESENTATION**

# **Network Adequacy**

NMRE Provider Network Manager, Chris VanWagoner, was in attendance to provide an update on the NMREs compliance with network adequacy standards.

42 CFR Part 457.1218 specifies specialty Behavioral Health Network Adequacy Standards, time/distance standards, and enrollee-to-provider ratios for certain services.

	Standards				
	Service	Frontier	Rural	Urban	
Adult	Inpatient Psychiatric	150 min/125 mil	90 min/60 mil	30 min/30 mil	
	All Other Select Services	90 min/90 mil	60 min/60 mil	30 min/30 mil	
Children	Inpatient Psychiatric	330 min/355 mil	120 min/125 mil	60 min/60 mil	
	All Other Select Services	90 min/90 mil	60 min/60 mil	30 min/30 mil	

	Service	Ratio
Adult	ACT	30,000:1 (enrollee to provider ratio)
	Clubhouse	45,000:1 (enrollee to provider ratio)
	Opioid Treatment	35,000:1 (enrollee to provider ratio)
	Crisis Residential	16 beds per 500,000 total population
Children	Home-Based	2,000:1 (employee to provider ratio)
	Wraparound	5,000:1 (enrollee to provider ratio)
	Crisis Residential	8-12 beds per 500,000 total population

Regional data collected regarding the enrollee-to-provider ratios indicated compliance with all the standards except for Opioid Treatment; the NMRE contracts with 4 locations but the standards indicated that 4.02 are needed. The NMRE will pursue agreements with providers in other regions and extend offers as indicated to participate on the NRME provide panel. The Board inquired about the methodology used to calculate the number of crisis residential beds for both adults and children as the reported figures appeared high; data had been collected directly from CMHSP provider network managers. Mr. VanWagoner agreed to revisit the numbers with CMHSP staff to validate the accuracy of the data.

Mr. VanWagoner demonstrated the NMRE's mileage analysis report for the Board. This will soon be housed on the NMRE.org website. Individuals will be able to search for providers by service type by zip code and obtain a mileage report.

The NMRE's Network Adequacy report will be submitted to MDHHS by the February 28<sup>th</sup> deadline.

## **COMMENTS**

#### **Board Members**

Mr. Nowak wished everyone Happy Holidays.

Ms. Dahlstrom reported that she has proposed forming a Citizens Advisory Council at Northern Lakes CMHA. She asked wither the other CMHSPs have one currently. The Boards responded that they have Consumer Advisory Councils; the NMRE has a regional Consumer Council (Regional Entity Partners).

Mr. Marcus announced that this was his last Board meeting. He called his time on the North Country CMHA Board and NMRE Board the "most fulfilling positions he's had in local government." The Board thanked Mr. Marcus for his service.

# **CMHSP CEOs/Staff**

Mr. Johnston reported he is communicating with Rep. Mary Whiteford regarding the Board composition included in the revised system transformation bills, specifically having providers on the PIHP Board.

Mr. Johnston requested that any PA2 requests involving funds from Benzie or Manistee counties be sent to Mr. Schmidt and him to review prior to being brought to the NMRE SUD and Governing Boards for approval.

# **NEXT MEETING DATE**

The next meeting of the NMRE Board of Directors was scheduled for 10:00AM on January 25, 2023.

# **ADJOURN**

Let the record show that Mr. Tanner adjourned the meeting at 12:06PM.