

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM – OCTOBER 25, 2023
GAYLORD BOARDROOM**

ATTENDEES:	Tom Bratton, Ed Ginop, Gary Klacking, Eric Lawson, Michael Newman, Gary Nowak, Jay O’Farrell, Ruth Pilon, Karla Sherman, Don Smeltzer, Don Tanner, Chuck Varner
VIRTUAL ATTENDEES:	Greg McMorrow
ABSENT:	Terry Larson, Richard Schmidt
NMRE/CMHSP STAFF:	Bea Arsenov, Brian Babbitt, Carol Balousek, Lisa Hartley, Eric Kurtz, Diane Pelts, Brandon Rhue, Nena Sork, Deanna Yockey
PUBLIC:	Chip Cieslinski, Sue Winter

CALL TO ORDER

Let the record show that Chairman Don Tanner called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that Terry Larson and Richard Schmidt were excused from the meeting on this date; all other NMRE Board Members were in attendance either in person or virtually.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest to any of the meeting Agenda items were declared.

APPROVAL OF AGENDA

Let the record show that no changes to the meeting agenda were proposed. Mr. Bratton asked to discuss the CEO Search under the Northern Lakes Update.

MOTION BY GARY NOWAK TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING AGENDA FOR OCTOBER 25, 2023; SUPPORT BY DON SMELTZER. MOTION CARRIED.

APPROVAL OF PAST MINUTES

Let the record show that the September minutes of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION BY JAY O’FARRELL TO APPROVE THE MINUTES OF THE SEPTEMBER 27, 2023 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SUPPORT BY KARLA SHERMAN. MOTION CARRIED.

CORRESPONDENCE

- 1) The minutes of the September 28th – 29th Directors Forum.
- 2) Email correspondence from Bob Sheehan, Chief Executive Officer of the Community Mental Health Association of Michigan, to PIHP CEOs expressing Concerns regarding MDHHS' recently issued FY24 Delegation Agreement Reporting Request.
- 3) A memorandum from Jackie Sproat at MDHHS to PIHP and CMSHP CEOs dated October 2, 2023 introducing Direct Care Wage (DCW) Wage Increase L Letter 23-64.
- 4) MDHHS L-Letter 23-64 issuing a DCW increase of \$0.85 (plus \$0.11 admin) effective October 1, 2023.
- 5) The minutes of the September 18th MDHHS Conflict-Free Access and Planning Committee meeting.
- 6) Slide deck from the MDHHS Conflict-Free Access and Planning presentation dated September 18, 2023.
- 7) Email correspondence from CMHAM to Directors Forum members sharing data on Michigan's state psychiatric hospitals' capacity, patient type, and waiting lists.
- 8) A letter from Amy Grumbrecht of the Department of Licensing and Regulatory Affairs (LARA) dated October 10, 2023 announcing the end of the Michigan Care Access Referral Exchange (MiCARE) project, effective October 31, 2023.
- 9) Document from CMHAM titled, "Analysis: State of Michigan's Participation in Medicaid Shared Risk Arrangement with Michigan's Public Mental Health System," dated October 2023.
- 10) Email correspondence from CMHAM announcing that the Guardianship Reimbursement program was halted effective October 18, 2023.
- 11) Slide deck from CMHAM 2024 – 2029 Strategic Plan Development presentation.
- 12) The draft minutes of the October 11, 2023 regional Finance Committee meeting.

Mr. Kurtz drew the Board's attention to the number of state hospital beds statewide. Currently there are only 30 state hospital beds available for children. Mr. Kurtz next recognized the Stop Work Order for guardianship payments effective October 18, 2023.

Mr. Lawson inquired about the email correspondence from Bob Sheehan detailing Concerns regarding MDHHS' recently issued FY24 Delegation Agreement Reporting Request. MDHHS notified PIHPs on September 28, 2023 that they are required to submit the entirety of their subcontractor delegation agreements in effect for FY2024 using a PIHP Delegated Subcontractor Review Tool supplied by the Department. Mr. Kurtz will be issuing a response opposing the request. Mr. Kurtz reported that the NMRE will respond by the October 30th due date but will not be changing any current practices.

ANNOUNCEMENTS

Let the record show that there were no announcements during the meeting on this date.

PUBLIC COMMENT

Let the record show that the members of the public attending the meeting virtually were recognized.

Executive Committee Report

Let the record show that no meetings of the NMRE Executive Committee have occurred since the September Board Meeting.

CEO Report

The NMRE CEO Monthly Report for October 2023 was included in the materials for the meeting on this date. Mr. Kurtz highlighted September 25th and October 4th meetings with Kristen Jordan. The October 4th meeting with the UP touched on concerns unique to Regions 1 and 2 in terms of reporting requirements, fidelity standards, etc. Ms. Jordan seemed very receptive and agreed to meet with the CMHAM Rural and Frontier caucus moving forward.

August 2023 Financial Report

- Net Position showed net surplus Medicaid and HMP of \$2,576,220. Budget stabilization was reported as \$16,369,542. The total Medicaid and HMP Current Year Surplus was reported as \$18,945,762. Medicaid and HMP combined ISF was reported as \$16,369,542; the total Medicaid and HMP net surplus, including carry forward and ISF was reported as \$35,315,304.
- Traditional Medicaid showed \$181,960,455 in revenue, and \$182,379,829 in expenses, resulting in a net deficit of \$419,374. Medicaid ISF was reported as \$9,306,578 based on the current FSR. Medicaid Savings was reported as \$7,742,649.
- Healthy Michigan Plan showed \$32,647,645 in revenue, and \$29,652,051 in expenses, resulting in a net surplus of \$2,995,594. HMP ISF was reported as \$7,062,964 based on the current FSR. HMP savings was reported as \$8,626,893.
- Health Home showed \$2,235,330 in revenue, and \$1,970,612 in expenses, resulting in a net surplus of \$264,718.
- SUD showed all funding source revenue of \$27,767,834 and \$24,670,908 in expenses, resulting in a net surplus of \$3,096,926. Total PA2 funds were reported as \$5,075,597.

A lapse of \$1M – \$2.5M is anticipated for FY23. Liquor tax funds in the amount of \$2,720,209 were approved for projects for FY23. At the end of August, only \$1,827,582 had been billed. Ms. Yockey noted that any unspent PA2 will remain in the county balances.

MOTION BY DON SMELTZER TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR AUGUST 2023; SUPPORT BY GARY NOWAK. MOTION CARRIED.

Operations Committee Report

The minutes from October 17, 2023 were included in the materials for the meeting on this date.

NMRE SUD Oversight Committee Report

Let the record show that the next meeting of the NMRE Substance Use Disorder Oversight Committee is scheduled for November 6, 2023 at 10:00AM in the NMRE conference room.

NEW BUSINESS

CMHAM Conference Update

Mr. Kurtz asked about impressions from the CMHAM Winter Conference that was held October 22nd – October 24th.

Ms. Pelts mentioned that she attended the CMHAM Strategic Planning Session. Opportunities and threats to the system were discussed. Bob Sheehan is expected to distribute a summary in the coming weeks.

The core group of Rural and Frontier Caucus members met to discuss current issues. The group agreed that their main objective is to have a voice prior to policy promulgation. Code changes that have created an administrative burden on direct care staff and onerous grant processes were also

discussed. Mr. Kurtz noted that the Michigan Center for Rural Health at MSU is underneath Tom Renwick (former Director of the Bureau of Community Based Services, Behavioral Health and Developmental Disabilities Administration, MDHHS). Mr. Kurtz intends to invite Mr. Renwick to a meeting on rural access. The next meeting of the Rural and Frontier Caucus is scheduled for December 12th at 2:00PM.

Mr. Johnston expressed that he felt that the session led by Meghan Groen, Senior Deputy Director Behavioral and Physical Health and Aging Services Administration, MDHHS, appeared scripted and not a "healthy dialogue." Ms. Groen reported that the Certified Community Behavioral Health Clinics (CCBHC) served 6,500 individuals (75% of whom were eligible for CMHSP services anyway) at a cost of \$100M. Health Homes have far better outcomes. Mr. Kurtz noted that US Senate Bill 2993 (Ensuring Excellence in Mental Health Act) would amend the Social Security Act and the Public Health Service Act to permanently authorize CCBHCs.

Mr. Johnston commented that the session titled, "Creating a Value-Added Role through Board Governance" facilitated by Susan Radwan of Learning Edge Mentoring was very well done. Mr. Bratton noted that Ms. Radwan was one of the speakers that Northern Lakes brought in to discuss Policy Governance during the Board Retreat held on October 2nd.

Mobile Care Unit/Van

Mr. Kurtz informed the Board that in 2019, State Opioid Response (SOR) grant funds were available to allow SUD providers to purchase Mobile Care Units. One of the NMRE's SUD providers purchased two vans for this purpose. Recently, the provider expressed an interest in relinquishing one of the vans. Because it was purchased with grant funding, it cannot be sold but it can be repurposed. The NMRE will likely take possession of the van and purchase insurance. An RFP will be issued to ascertain a purpose for the vehicle.

OLD BUSINESS

Northern Lakes CMHA Update

The contractual oversight review of Northern Lakes by Rehmann is currently underway. Over 100 Northern Lakes staff have been interviewed. A report will be presented to the NMRE Board at the conclusion of the audit.

Mr. Bratton explained that the Northern Lakes Board has had a standing CEO Search Committee for several months (Mr. Bratton is the Chair). During its meeting on October 19th, the Northern Lakes Board discussed the topic of the CEO search. A motion was approved to request that the NMRE Board Chair assign a CEO search committee for Northern Lakes comprised of one individual from each of Northern Lakes' six counties (Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon, and Wexford).

The NMRE has agreed to conduct an RFP for a CEO search firm. Until the Northern Lakes Board completes the bylaws and all the of the obligations of the enabling agreement, the CEO search process is premature. Mr. Kurtz would also like to have the findings from the Human Resources audit by Rehmann prior to beginning the CEO search so that they may inform the Search Committee. Mr. McMorrow expressed that previous help received from NMRE regarding the CEO search was extremely valuable.

MOTION BY ERIC LAWSON TO AUTHORIZE THE NORTHERN MICHIGAN REGIONAL ENTITY TO FACILITATE AND HOST THE NORTHERN LAKES COMMUNITY MENTAL HEALTH AUTHORITY'S CHIEF EXECUTIVE OFFICER SEARCH COMMITTEE WITH THE

AGREEMENT THAT THE HUMAN RESOURCES AUDIT BY REHMAN IS FINALIZED AND ALL THE OBLIGATIONS OF THE ENABLING AGREEMENT ARE FULFILLED PRIOR TO ISSUING A REQUEST FOR PROPOSALS TO SECURE A SEARCH FIRM; SECOND BY KARLA SHERMAN. ROLL CALL VOTE.

“Yea” Votes: T. Bratton, E. Ginop, G. Klacking, E. Lawson, M. Newman, G. Nowak, J. O’Farrell, R. Pilon, K. Sherman, D. Smeltzer, D. Tanner, C. Varner

“Nay” Votes: Nil

PRESENTATION

OHH and BHH HEDIS Outcomes

NMRE Clinical Services Director, Branislava Arsenov, was in attendance to present Region 2 Health Home outcomes to the Board.

Timeline:

- The NMRE’s Health Home program began in 2018 with the implementation of the Opioid Health Home (OHH) which included eight Health Home Partners (HHP).
- In 2020, the NMRE expanded its Health Home program to include Behavioral Health Homes (BHH) which consisted of the five member CMHSPs.
- In 2021, the NMRE added an Alcohol Health Home which included four Health Home Partners.
- In 2022, The NMRE added eight additional Health Home Partners.
- In 2023, the NMRE had over 1,600 individuals enrolled in Health Home Programs regionwide.

Health Homes Provide:

- Care Coordination for Eligible Clients
- Sustainable Reimbursement for Care Coordination (which would otherwise not be covered)
- Excellent Health Outcomes for Enrollees/Changes in Social Determinants of Health
- Access to Care (for children and the mild/moderate population)
- Overall Cost Efficiency

Ms. Arsenov reviewed Health Home outcomes for Healthcare Effectiveness Data and Information Set (HEDIS) measures. HEDIS measures are used by more than 90 percent of US health plans to measure performance on important dimensions of care and services. Information was pulled from the State’s Care Connect 360 (CC360) system.

OHH Measures

	Michigan Total	NMRE Total	All OHH Programs	NMRE OHH Program
FUA 7 Rates Follow-up after ED visit for alcohol or other drug use within 7 days.	27.04%	27.25%	63.16%	78.38%
FUH 30 Rates Follow-up after ED visit for alcohol or other drug use within 30 days.	42.26%	44.49%	80.97%	91.89%
IET14 AD Initiation of treatment in 14 days	37.20%	30.64%	79.45%	91.40%
PQI Prevention Quality Indicator (number of admits for ambulatory care/chronic conditions)	74.91	41.29	144.32	25.65 (lower = better)

Mr. Johnston emphasized that the PQI result represents a huge dollar amount in savings which can be reinvested into services.

BHH Measures

	Michigan Total	NMRE Total	All OHH Programs	NMRE OHH Program
AAP AD Adult Access to Preventative/Ambulatory Services	74.20	75.95	98.26	99.58
FUM 7 Rates Follow-up after ED visit for mental Illness within 7 days.	45.59%	55.52%	74.29%	94.12%
CBP Controlling Blood Pressure	29.86	18.74	28.48	33.33
FUH 30 Follow-up after hospitalization for Mental Illness within 30 days.	66.17%	74.84%	90.32%	88.89%

It was noted that the Follow-Up After Emergency Department Visit for Substance Use (FUA) and Follow-Up After Hospitalization for Mental Illness (FUH) measures are tied to the PIHPs’ Performance-Based Incentive Payment. The NMRE earned an additional \$2,352,351 in PBIB funds in FY23.

NMRE BHH revenue was reported as \$2.5M; of that, \$70K is spent on administration (2.8%). NMRE OHH revenue was reported as \$4.5M; of that, \$216K is spent on administration (4.8%). Ms. Yockey reported that all Health Home Programs are operating at a surplus; surplus funds can be used as local dollars after one year.

In FY25, the NMRE intends to expand the Opioid Health Home into an SUD Health Home to address all substances.

COMMENTS

Board

Mr. Smeltzer encouraged the NMRE to share BHH success stories and outcomes with CMHAM.

Mr. Bratton noted that there was a table set up at the Fall Conference addressing the MDHHS Gambling Prevention Initiative; he was impressed with the work that the NMRE has done.

Staff/CMHSP CEOs

Ms. Arsenov reported that the number of open HAB Waiver slots in the region has been reduced to 19; additional packets are in the queue for approval by MDHHS. Because over 97% of the region’s slots are currently filled, the risk of losing slots to other PIHP regions has lessened.

NEXT MEETING DATE

The next meeting of the NMRE Board of Directors was scheduled for 10:00AM on December 13, 2023.

ADJOURN

Let the record show that Mr. Tanner adjourned the meeting at 12:05PM.