Z Code Discussion

For Opioid and Behavioral Health Homes

Discussion Today

What are Z Codes?

Appropriate Use of Z Codes.

Benefits of Using Z Codes.

What are Z Codes

- Part ICD-10 Coding Set introduced in 2015

- Z Codes (other reasons for healthcare encounters) may be assigned as appropriate to further explain the reasons for presenting for healthcare services including transfers between healthcare facilities.

- In other words, they help track the social determinants of health

When to use Z Codes

•When some circumstance or problem is present which influences the person's health status but is not in itself a current illness or injury.

•Influencing Health Care Services to identify a beneficiary's additional needs

Health Home Z Codes

- *Applicable ICD-10-CM Z diagnosis codes* to be used with the <u>S0280</u> code include the following groups:

  ○ Z55-Z65 (Socio-Economic Conditions) Persons with potential health hazards related to socioeconomic and psychosocial circumstances

  ○ Z70-Z76 (Persons encountering health services in other circumstances)

  ○ Z780-Z99 (Persons with potential health hazards related to family and personal history and certain conditions influencing health status)

  <u>(Please note that the Z-code should NOT be used as the primary diagnosis code)</u>

Appropriate Use of Z Codes

- Should not be used as a Primary Diagnosis
  - OUD/SMI/SED will be the Primary Diagnosis

Covid-19 Z Codes

- Encounter for screening for COVID-19 (Z11.52)
- Contact with and (suspected) exposure to COVID-19 (Z20.822)
- Personal history of COVID-19 (Z86.16)
- Multisystem inflammatory syndrome (MIS) (M35.81)
- Other specified systemic involvement of connective tissue (M35.89)
- Pneumonia due to coronavirus disease 2019 (J12.82)

COVID-19 Guidelines (cdc.gov)

Benefits of Using Z Codes

- Understand barriers to a beneficiary's health and wellness
- Understand the unique social needs of beneficiaries
- Help connect beneficiaries to applicable resources
- Evaluate and policy design