

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM – MARCH 22, 2023
GAYLORD BOARDROOM**

ATTENDEES:	Kate Dahlstrom, Ed Ginop, Gary Klacking, Eric Lawson, Terry Larson, Mary Marois, Michael Newman, Gary Nowak, Jay O’Farrell, Richard Schmidt, Karla Sherman, Don Smeltzer, Don Tanner, Chuck Varner
NMRE/CMHSP STAFF:	Bea Arsenov, Brian Babbitt, Chip Johnston, Eric Kurtz, Brian Martinus, Diane Pelts, Pam Polom, Brandon Rhue, Sara Sircely, Nena Sork, Deanna Yockey, Carol Balousek, Lisa Hartley
PUBLIC:	Christine Gebhard, Susan Pulaski, Sue Winter

CALL TO ORDER

Let the record show that Chairman Don Tanner called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that all NMRE Board Members were in attendance for the meeting in Gaylord.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest to any of the meeting Agenda items were declared.

APPROVAL OF AGENDA

Let the record show that no changes to the meeting agenda were proposed.

MOTION BY GARY NOWAK TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING AGENDA FOR MARCH 22, 2023; SUPPORT BY GARY KLACKING. MOTION CARRIED.

APPROVAL OF PAST MINUTES

Let the record show that the February minutes of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION BY TERRY LARSON TO APPROVE THE MINUTES OF THE FEBRUARY 22, 2023 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SUPPORT BY JAY O’FARRELL. MOTION CARRIED.

CORRESPONDENCE

- 1) The minutes from the January 3rd PIHP CEO meeting.
- 2) The minutes from the March 2nd MDHHS PIHP CEO meeting.

- 3) CMHAM "Proposal for Rural-Oriented Public Mental Health Policies and Practices in Michigan" document dated February 2023.
- 4) Letter to Timothy Engelhardt at CMS from Farah Hanley, Chief Deputy Director for Health at MDHHS dated February 8m 2023 regarding the implementation of an integrated Dual Eligible Special Needs Plan (D-SNP).
- 5) Memorandum to PIHP and CMHSP CEO's and Executive Directors from Jeff Wieferich at MDHHS dated February 28, 2023 regarding the discontinuation of the Supports Intensity Scale (SIS) contract with the American Association of Intellectual and Developmental Disabilities (AAIDD) effective March 23, 2023.
- 6) Michigan Medicaid Policy Bulletin 23-10, Telemedicine Policy Post-COVID Public Health Emergency dated March 2, 2023.
- 7) Press release from MDHHS dated March 8, 2023 titled, "Michigan Launches OpiRescue Smartphone App to Help Michigan Residents Prevent and Reduce Opioid Overdoses."
- 8) Memorandum to PIHP and CMHSP CEO's and Executive Directors from Jeff Wieferich at MDHHS dated March 15, 2023 regarding Intensive Community Transition Services.
- 9) Flyer announcing Michigan Statewide Housing Plan Regional Partnership Kick-Off sites and dates.
- 10) Flyer for the NMRE Day of Recovery Education for individuals with substance use disorders on May 8, 2023 at Treetops Resort.
- 11) The draft minutes of the March 8, 2023 regional Finance Committee meeting.

Mr. Kurtz highlighted March 15th Rural Mental Health meeting with CMHAM held in conjunction with UP/NorthCare. Mr. Tanner noted that the bulleted list of allies listed in the proposal should also include courts. Mr. Larson suggested changing "Michigan Sheriff Association" to "Law Enforcement Entities." Ms. Sherman voiced appreciation for the straight-forward, succinct language. It was noted that this document is not yet final.

Mr. Kurtz explained that the State Medicare-Medicaid plans (like MI Health Link) will terminate on December 31, 2023, unless the program is converted to an "integrated" Dual Eligible Special Needs Plan (D-DNP). MDHHS plans to transition its MI Health Link program to a Highly Integrated Dual Eligible Special Needs Plan (HIDE SNP), that integrates long-term supports and services (LTSS). Managed care plans will provide most covered benefits for the dual-eligible enrollees, but specialty behavioral health services will remain carved out.

Debbi Andrews will be leading the Ability to Pay Workgroup fo MDHHS. Michigan Public Act 91 of 2022 changed the state's ability to pay standards to match to Federal guidelines for mental health and substance use disorder services.

Mr. Lawson referenced a discussion that occurred during the January 3rd PIHP CEO meeting. Moving the Medicaid benefit (physical and behavioral health) for children in the state's foster care system to the private health plans continues to gain momentum. Bob Sheehan indicated that he spoke with Director Hertel, and it became clear that there are some misunderstandings about how this benefit works. Placement issues are not the responsibility of the CMH system.

Clarification was made that the Regional Housing Partnership Kickoff is not just for individuals in public mental health system.

The requirement for the SIS Assessments will be ending with a hard stop on March 23, 2023. The Adult Needs and Strengths Assessment (ANSA) is a possible replacement.

Mr. Kurtz drew attention to the flyer for the NMRE Day of SUD Recovery Education on May 8th at Treetops Resort.

ANNOUNCEMENTS

Let the record show that there were no announcements during the meeting on this date.

PUBLIC COMMENT

Let the record show that the members of the public attending the meeting virtually were recognized.

Executive Committee Report

Let the record show that no meetings of the NMRE Executive Committee have occurred since the February Board Meeting.

CEO Report

The NMRE CEO Monthly Report for March 2023 was included in the materials for the meeting on this date. Mr. Kurtz highlighted the rural health meeting on March 15th and the NLCMHS/Munson Crisis Workgroup meetings on February 27th and March 17th. Grand Traverse County has committed \$5M for infrastructure. Northern Lakes CMHA Interim CEO, Brian Martinus, and Medical Director, Dr. Curtis Cummins are also attending the meetings. It was noted that there is potential for attracting private funding. Ms. Dahlstrom voiced support for creating empath units. Mr. Kurtz noted that the McLaren Cheboygan 16-bed adult facility may eventually include that type of model. McLaren has also indicated that the Petoskey Emergency Department may move toward a model that moves psychiatric patients to a separate area for specialized emergency care.

January 2023 Financial Report

- Net Position showed net surplus Medicaid and HMP of \$3,370,898. Medicaid carry forward was reported as \$16,369,542. The total Medicaid and HMP Current Year Surplus was reported as \$19,740,440. Medicaid and HMP combined ISF was reported as \$16,369,542; the total Medicaid and HMP net surplus, including carry forward and ISF was reported as \$36,109,982.
- Traditional Medicaid showed \$66,143,817 in revenue, and \$64,187,913 in expenses, resulting in a net surplus of \$1,955,904. Medicaid ISF was reported as \$9,306,578 based on the current FSR. Medicaid Savings was reported as \$10,913,028.
- Healthy Michigan Plan showed \$11,674,745 in revenue, and \$10,259,752 in expenses, resulting in a net surplus of \$1,414,993. HMP ISF was reported as \$7,062,964 based on the current FSR. HMP savings was reported as \$5,456,514.
- Health Home showed \$692,197 in revenue, and \$583,200 in expenses, resulting in a net surplus of \$108,997.
- SUD showed all funding source revenue of \$9,593,085, and \$8,195,611 in expenses, resulting in a net surplus of \$1,397,474. Total PA2 funds were reported as \$5,200,852.

Ms. Yockey reported that four months into FY23, revenue is above projections and spending is in line with estimates.

Ms. Yockey reviewed the PA2 page of the report, noting projected vs. actual numbers for FY23.

Projected FY23 Activity			
Beginning Balance	Projected Revenue	Approved Projects	Projected Ending Balance
\$5,413,044	\$1,568,386	\$2,720,209	\$4,261,221

Actual FY23 Activity			
Beginning Balance	Current Receipts	Expenditures	Ending Balance
\$5,413,044	240,837	\$453,029	\$5,200,852

Mr. Larson emphasized that PA2 funds need to be spent on services, not saved.

Clarification was made that I/DD revenue is included in the PIHP Mental Health total.

MOTION BY MARY MAROIS TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR JANUARY 2023; SUPPORT BY KARLA SHERMAN. MOTION CARRIED.

Operations Committee Report

The minutes from March 21, 2023 were distributed during the meeting. Mr. Kurtz drew attention to the discussion about the update provided by the State’s Conflict-Free Access & Planning (CFA&P) workgroup; four options were presented. The state will decide on an option in July 2023. PIHPs will be asked to develop, submit, and begin implementing a plan of action between October 2023 and October 2024. Full implementation is planned for October 2024. Mr. Kurtz clarified that the intent is so people aren’t assessing individuals and then referring them to themselves for treatment. CMHAM has expressed “deep concerns” with the proposed options.

It was noted that the Alpine CSU located in Gaylord is currently open. The CMHSPs are using single case agreements until contracts have been finalized.

Mr. Tanner referenced the meeting between Michigan’s tribal nations, PIHPs, and MDHHS on March 1st. Mr. Kurtz noted that the group agreed to meet regularly to keep communications flowing.

The final amount of the FY22 Performance Bonus Incentive Pool (PBIP) earned by the region was stated a \$2,352,351.23.

NMRE SUD Oversight Board Report

The notes from the March 6, 2023 meeting were included in the materials for the meeting on this date. There was not a quorum present for the meeting, so no voting took place; however, the SUD Oversight Board did review topics and made recommendations for the NMRE Governing Board to consider.

MOTION BY RICHARD SCHMIDT TO APPROVE THE REQUEST FROM THE HEALTH DEPARTMENT OF NORTHWEST MICHIGAN FOR A VAPING MEDIA CAMPAIGN IN THE AMOUNT OF THREE THOUSAND ONE HUNDRED SEVEN DOLLARS AND SIXTY-FOUR CENTS (\$3,107.64) FOR MANISTEE COUNTY ONLY; SUPPORT BY MARY MAROIS.

Discussion: Mr. Schmidt expressed frustration that NMRE SUD Oversight Board members met for 1½ hours without a quorum present. No voting could occur since several counties participated in the meeting virtually. He questioned why the liquor tax requests can’t just be presented to the

NMRE Governing Board. Mr. O’Farrell noted that a quorum wasn’t present due to weather conditions which will always be a factor in northern Michigan. Mr. O’Farrell stressed that the role of the SUD Oversight Board needs to be ironed out. The question of whether the SUD Oversight Board is subject to the Open meetings Act was raised; Mr. Kurtz agreed to address the issue with the NMRE’s legal counsel. Mr. Varner added that an adjustment may be made to the Open Meetings Act post-COVID to allow for remote voting.

Voting took place on Mr. Schmidt’s motion. MOTION CARRIED.

Mr. Kurtz acknowledged that a review of the SUD Oversight Board Bylaws is also needed. There is some conflicting language between the law (PA 500), the NMRE SUD Oversight Board Bylaws, and the agreements that the NMRE has with each of the 21-counties. A meeting of the NMRE Board Executive Committee will be called to begin a review of the SUD Oversight Board Bylaws.

MOTION BY GARY NOWAK TO AUTHORIZE A REVIEW OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD BYLAWS; SUPPORT BY KARLA SHERMAN. MOTION CARRIED.

NEW BUSINESS

FY2023 Changes to Approved PA2 Projects

Since final FY22 liquor tax fund balances have been calculated, the need to revise some amounts previously approved became evident. Ms. Sircely summarized the following:

Funding adjustments REDUCING liquor tax funds:						
County	Project	Provider	Approved Amount	Reduced By:	Updated Amount	Notes
Kalkaska	Opioid Use Prevention and Stigma Reduction Campaign	Catholic Human Services	20,387	\$13,000	\$7,387	Funding is not available for Kalkaska. Cuts to the project will minimize the impact to the fund balance.
Leelanau	Opioid Use Prevention and Stigma Reduction Campaign	Catholic Human Services	25,038	\$18,500	\$6,538	Funding is not available for Leelanau. Cuts to the project will minimize the impact to the fund balance.
Missaukee	Jail Services	Catholic Human Services	\$26,779.79	\$11,000	\$15,779.79	

Funding adjustments ADDING liquor tax funds:						
County	Project	Provider	Approved Amount	Added Amount	Updated Amount	Notes
Grand Traverse	Opioid Use Prevention and Stigma Reduction Campaign	Catholic Human Services	\$90,218.31 (Original request was for \$106,139.19)	\$17,967.25	\$108,185.56	Additional funding is available for Grand Traverse.

Grand Traverse	Recovery Coach Patient Engagement with Healthcare Practices	Munson	\$86,908.50 (Original request was for \$173,817.00)	\$10,000.00	\$96,908.50	Additional funding is available for Grand Traverse.
Grand Traverse	Best Medical SBIRT	Catholic Human Services	\$32,036.50 (Original request was for \$37,690.00)	\$1,100.50	\$33,137	Additional funding is available for Grand Traverse.
Cheboygan	Coalition	Catholic Human Services	\$127,919.24 (Original request was for \$136,084.00)	\$8,164.76	\$136,084	Additional funding is available for Cheboygan.

Overall, the Opioid Use Prevention and Stigma Reduction Campaign Stigma campaign budget was reduced by \$29,454, from \$151,564 to \$122,110.

MOTION BY ERIC LAWSON TO TABLE APPROVAL OF THE CHANGES TO PREVIOUSLY APPROVED FISCAL YEAR 2023 LIQUOR TAX AMOUNTS UNTIL CLEARER NUMBERS ARE PRESENTED; SUPPORT BY TERRY LARSON. MOTION CARRIED.

PA2 Requests

The new requests recommended by the SUD Oversight Board were reviewed for approval.

Requested By	Project	County(ies)	Amount
1) 53 rd Circuit Recovery Court	Drug Testing Supplies	Cheboygan	\$6,500.00
2) Bear River Health	Substance Use Recovery Focused (SURF) Club	Antrim, Charlevoix, Crawford, Emmet	\$119,576.00
3) Bear River Health	Peer Recovery Coach Services	Charlevoix, Emmet	\$75,880.00
4) 13 th Circuit Court Community Corrections	Peer Recovery Coach Services	Antrim, Grand Traverse	\$15,170.00
5) Bear River Health	Jail Case Management Services	Cheboygan	\$23,364.00
6) Health Department of Northwest Michigan	Vaping Prevention Media Campaign	All 21 Counties (except Manistee)	\$64,500.00
Total			\$301,882.36

It was noted that the Vaping Prevention Media Campaign was approved for Manistee County in the amount of \$3,107.64 earlier during the meeting.

MOTION BY MARY MAROIS TO APPROVE THE LIQUOR TAX FUNDING REQUESTS RECOMMENDED BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD ON MARCH 6, 2023 IN THE TOTAL AMOUNT OF THREE

HUNDRED ONE THOUSAND EIGHT HUNDRED EIGHTY-TWO DOLLARS AND THIRTY-SIX CENTS (\$301,882.36); SUPPORT BY CHUCK VARNER. ROLL CALL VOTE.

“Yea” Votes: K. Dahlstrom, E. Ginop, G. Klacking, E. Lawson, M. Marois, M. Newman, G. Nowak, J. O’Farrell, K. Sherman, D. Smeltzer, D. Tanner, C. Varner

“Nay” Votes: T. Larson, R. Schmidt

MOTION CARRIED.

Clarification was made that the peer support services request would apply only to non-reimbursable services.

Mr. Kurtz expressed that multi-county requests will also be reviewed moving forward as they create a lot of confusion when projecting budgets.

Review of SUD Oversight Policy Board Bylaws

This topic was discussed under the SUD Oversight Board report. A date will be selected for the NMRE Board Executive Committee to meet.

OLD BUSINESS

Grand Traverse County and Northern Lakes CMHA

Mr. Kurtz noted Grand Traverse County took the draft version of the Enabling Agreement through the commission for discussion. A letter from Munson to the six counties that comprise the Northern Lakes CMHA region (Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon, and Wexford) in support of maintaining Northern Lakes CMHA was distributed to the Board during the meeting.

PRESENTATION

Information Technology (IT) Security Assessment

NMRE CIO/Operations Director, Brandon Rhue, presented on the IT Security Assessment conducted by Open Systems Technologies (OST) in January 2023.

- Attempts to crack into user accounts to help identify weak passwords resulted in 0, compared to 6 in 2022.
- The Current Vulnerability Index was calculated as 0.074, down from 0.345 in 2022.
- Final Security Rating was calculated at 7.8 (out of 10), compared to 7.1 in 2022.
- Recommendations were provided as:
 - Implement a visitor and contractor sign-in process.
 - Move identity services from local servers to cloud servers.
 - Move SQL services to the latest SQL offerings on the Cloud.
- Auditor comments were provided as:
 - The auditor was impressed and surprised by the improved security footing in only the past year.
 - The auditor encouraged the NMRE to move away from physical servers and toward an even more cloud-based environment.
 - The auditor stated he is looking forward to next year’s audit given the results this year.

MOTION BY MARY MAROIS TO RECEIVE AND FILE THE NORTHERN MICHIGAN REGIONAL ENTITY INFORMATION TECHNOLOGY SECURITY ASSESSMENT BY OPEN SYSTEMS TECHNOLOGIES DATED JANUARY 2023; SUPPORT BY KATE DAHLSTROM. MOTION CARRIED.

COMMENTS

Board Members

There were no comments from Board members at the close of the meeting on this date.

Staff/CMHSP CEOs

Ms. Sircely announced that this would be her last Board meeting as she has resigned from the NMRE effective April 6th. The Board wished her well.

Public

Sue Winter, NMSAS Recovery Center Executive Director, thanked the Board for their support of the Day of Recovery Education.

NEXT MEETING DATE

The next meeting of the NMRE Board of Directors was scheduled for 10:00AM on April 26, 2023.

ADJOURN

Let the record show that Mr. Tanner adjourned the meeting at 12:00PM.